

What can I do with a major in **PSYCHOLOGY** from Valparaiso University?

Description of major:

Psychology is the scientific study of mental processes and behavior. It seeks to understand and explain both normal and abnormal behavior, mental ability, perception, development and individual differences. Additionally, psychology explores human emotions, thoughts, and motives. A major in psychology may lead to careers in human services, mental health, business, research and teaching. Psychology can also prepare students for the fields of medicine and allied health if combined with appropriate courses in biology, chemistry and physics.

Relevant skills for a PSYCHOLOGY major:

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| <ul style="list-style-type: none"> ◆ Accept differing opinions ◆ Adjust problems ◆ Administer ◆ Advise ◆ Be of service ◆ Clarify goals of others ◆ Coach ◆ Commit to life-long learning ◆ Convey warmth ◆ Deal with different types of people ◆ Encourage ◆ Enlighten, guide ◆ Establish warmth and rapport ◆ Evaluate personal problems & make appropriate decisions ◆ Explain ◆ Facilitate groups ◆ Foster stimulating learning experiences ◆ Have diplomacy ◆ Have empathy for others ◆ Have interpersonal communication skills ◆ Have patience ◆ Help | <ul style="list-style-type: none"> ◆ Help to raise self-esteem of others ◆ Inform ◆ Interpret & explain psychological research & tests of all types ◆ Lead discussions ◆ Listen effectively ◆ Mentor ◆ Observe & analyze introspectively ◆ Participate as a team ◆ Participate in two-way dialogue ◆ Perceive ◆ Put things in perspective ◆ Refer ◆ Resolve issues ◆ Respond to people's needs ◆ Select and train ◆ Show sensitivity to others ◆ Solve problems ◆ Take human feelings into account ◆ Teach, explain ◆ Treat people fairly ◆ Understand human development & behavior and others! |
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Sample work activities for Graduates in PSYCHOLOGY (some may require an advanced degree)

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| <ul style="list-style-type: none"> • Advertising Manager • Biographer • Book Critic • Child Psychiatrist • Clergy Member • Clinical Psychologist • College University Official • Columnist/commentator • Community Organization Worker • Consumer Affairs Director • Council-on-Aging • Counselor • Criminologist | <ul style="list-style-type: none"> • Department Head – College/ University • Developmental Psychologist • Director • Educational Therapist • Employee Assistance Administrator • Employment Counselor • Experimental Psychologist • Guidance Counselor • Human Resource Manager • Industrial Psychologist • Job Analyst • Management Trainee | <ul style="list-style-type: none"> • Manager/Employee Welfare • Market Research Analyst • Mental Health Technologist • Occupational Therapist • Outplacement Specialist • Penologist • Personnel Manager • Placement Director • Police Officer • Probation Officer • Psychiatric Social Worker • Psychiatrist • Psychologist • Psychometrist |
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**Sample work activities for Graduates in PSYCHOLOGY
(some may require an advanced degree) cont.:**

- Public Relations Specialist
- Recreational Director
- Recreational Therapist
- Recruiter
- Rehabilitation Therapist
- Sales Associate
- Social Worker
- University/College Instructor
- Vocational Rehabilitation Counselor
- Writer
- and others!

Potential hiring institutions for PSYCHOLOGY majors:

- ◆ Adoption agencies
- ◆ Advertising departments and agencies
- ◆ Behavioral & clinical institutes
- ◆ Boy/Girl Scouts
- ◆ Boys and Girls clubs
- ◆ Business corporations
- ◆ Child care centers
- ◆ Churches and religious organizations
- ◆ Civil Rights Commission
- ◆ Colleges and universities
- ◆ Consumer Affairs
- ◆ Correctional institutions
- ◆ Court Systems
- ◆ Drug abuse clinics
- ◆ Educational institutions
- ◆ Employment agencies
- ◆ Environmental Protection Agency
- ◆ Health and Human Services
- ◆ Hospitals
- ◆ Hotline/crisis centers
- ◆ Labor Department
- ◆ Mental health clinics
- ◆ Military
- ◆ Personnel Departments
- ◆ Public opinion research companies
- ◆ Recreation departments
- ◆ Social service agencies
- ◆ Veteran's Administration
- ◆ Welfare agencies
- ◆ YMCA-YWCA
- ◆ and others!

Area of further education for PSYCHOLOGY majors:

- Addictions/Substance Abuse Counseling
- Advertising & Public Relations
- Anthropology
- Art Therapy
- Biopsychology
- Business Administration
- Child & Family Studies
- Child Clinical Psychology
- City & Regional Planning
- Clinical Psychology
- Cognitive Sciences
- Community and Agency Counseling
- Conflict Resolution & Mediation/Peace Studies
- Counseling Psychology
- Criminal Justice/Criminology
- Dance Therapy
- Demography & Population Studies
- Developmental Psychology
- Divinity
- Drama Therapy
- Education
- Educational Administration
- Educational Measurement & Evaluation
- Educational Psychology
- Exercise Science
- Experimental Psychology
- Forensic Psychology
- Forensic Science
- Genetic Counseling
- Gerontology
- Health Psychology
- Health Services Management/Hospital Administration
- Hospitality Management
- Human Development
- Human Resources Development
- Human Resources Management
- Humanities
- Industrial & Labor Relations
- Industrial/Organizational Psychology
- International Affairs
- International Development
- Law
- Liberal Studies
- Marriage & Family Counseling
- Medicine
- Mental Health Counseling
- Music Therapy
- Neuroscience
- Nonprofit Management

Area of further education for PSYCHOLOGY majors:

- Nursing
- Occupational Therapy
- Organizational Behavior
- Philanthropic Studies
- Physical Therapy
- Political Science
- Psychiatry
- Psychology
- Public Policy
- Public Administration
- Quantitative Analysis
- Rehabilitation Counseling
- School Counseling/
Psychology
- Social Psychology
- Social Work
- Sociology
- Sport Psychology
- Student Personnel in Higher Education
- Theology
- Transpersonal & Humanistic Psychology
- Travel & Tourism
- Urban Planning & Development
- Urban Studies
- and others!

Sources of additional information for PSYCHOLOGY majors:

- ◆ VU Department of Psychology: <http://www.valpo.edu/psych/>
- ◆ VU Majors & Areas of Study: <http://www.valpo.edu/cas/departments/psychology.html>
- ◆ Occupational Outlook Handbook: the US Bureau of Labor Statistics compiles information about various occupations, including the nature of the work, the job outlook, the earnings, and other relevant information. <http://www.bls.gov/oco/oco1002.htm>
- ◆ American Mental Health Counselor's Association: enhances the profession of mental health counseling through licensing, advocacy, education and professional development. <http://www.amhca.org>
- ◆ American Psychological Association: A comprehensive site for practitioners, students and the public for and about psychology and psychological matters. Student section includes career planning information, education information and more. Also connects to PsycCareers.com <http://www.apa.org/>
- ◆ Online Psychology Career Center: Designed to be a one-stop resource for psychology students and professionals. <http://www.socialpsychology.org/career.htm>
- ◆ Opportunity NOCs: connects you with a full range of employment and human-resources-related information and services. <http://www.opportunitynocs.org/>
- ◆ Philanthropy News Network: the voice of the nonprofit world and the marketplace for products and services nonprofits need. Site includes nonprofit jobs. <http://pnnonline.org/>
- ◆ Psych Web: Contains lots of psychology-related information for students and teachers of psychology. <http://www.psywww.com>
- ◆ SocialService.Com: is a great place for social workers and other social service professionals to start looking for a social service or social work job, whether in mental health, substance abuse, children and youth, medical social work, criminal justice, domestic violence, counseling, community organizing and outreach, homelessness or a variety of other areas. <http://www.socialservice.com>
- ◆ The Chronicle of Philanthropy: is the newspaper of the nonprofit world. Site includes jobs. <http://philanthropy.com>

VU Career Center Resource Library Materials:

- *100 Best Nonprofits To Work For*
- *Alternatives To The Peace Corps : A Directory Of Third World And US Volunteer Opportunities*
- *Book Of U.S. Government Jobs : Where They Are, What's Available, And How To Get One*
- *Career Opportunities In Education*
- *Career Opportunities In Law And The Legal Industry*
- *Career Opportunities In Politics, Government & Activism*
- *Careers In Sociology*
- *Civil Service Career Starter*
- *Directory Of Graduate Programs In Human Resource Management*
- *Education For Action : Undergraduate And Graduate Programs That Focus On Social Change*
- *Essays That Worked, For Business Schools : 35 Essays From Successful Applications To The Nation's Top Business Schools*
- *Federal Personnel Guide 2005*
- *First Job : A New Grad's Guide To Launching Your Business Career*
- *Government Job Finder*
- *Graduate Programs In Education*
- *Graduate Programs In Humanities*
- *Graduate Programs In Psychology*
- *Graduate Programs In Social Sciences*
- *Graduate Study In Psychology 2005*
- *Great Jobs For Liberal Arts Majors*
- *Great Jobs For Psychology Majors*
- *Guide To America's Federal Jobs : A Complete*

- *Directory Of Federal Career Opportunities*
- *Guide To Selecting And Applying To Master Of Social Work Programs*
- *Harvard Business School Guide To Careers In Marketing 2001*
- *Harvard Business School Guide To Careers In The Nonprofit Sector*
- *Law Schools*
- *Opportunities In Educational Support Careers*
- *Opportunities In Gerontology And Aging Services Careers*
- *Opportunities In Homecare Services Careers*
- *Opportunities In Hotel And Motel Careers*
- *Opportunities In Human Resource Management Careers*
- *Opportunities In Law Careers*
- *Opportunities In Property Management Careers*
- *Opportunities In Psychology Careers*
- *Opportunities In Sales Careers*
- *Opportunities In Social Science Careers*
- *Opportunities In Social Work Careers*
- *Peterson's Game Plan For Getting Into Business School*
- *Peterson's Game Plan For Getting Into Law School*
- *Peterson's Graduate Programs In Business, Education, Health, Information Studies, Law & Social Work*
- *Peterson's Graduate Programs In The Humanities, Arts, & Social Sciences*
- *Real Resumes For Social Work & Counseling Jobs*
- *Resumes For Business Management Careers*
- *Resumes For Social Service Careers*
- *Undergraduate's Guide To Corporate Leadership Development Programs : What They Are, Where To Find Them & How To Get Hired*
- *and others!*

For more information about majoring in PSYCHOLOGY, contact:

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For more questions about your career decisions, please make an appointment with a VU Career Counselor by calling 464-5005, stopping by the Career Center in Alumni Hall or e-mailing us at Career.Center@valpo.edu
