





## Department of Physical Education

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Majors offered:  Physical Education, B.S.P.E.

Concentration Majors:  Exercise Science, Sports Management, and Physical Education Teacher Education

Links to Web sites:  [Catalogs](#)  [Department of Physical Education](#) (department maintained)

VALPO PHYSICAL EDUCATION MAJORS do more than just stay in shape. They enjoy hands-on training in such areas as kinesiology, teaching, coaching, and learn how to help others live healthily.

## What Can You Do with a Physical Education Major?

Degree, Skills or Experience Needed for Beginning a Job in This Field: Bachelor of Science in Physical Education, Exercise Science, and Sports Management. Skills in the areas of teaching physical education, coaching, officiating, exercise science, and sports management. Individuals pursuing employment in these areas need to have effective interpersonal skills, enjoy working with people and a desire to provide services for others.

Kinds of Work Available to Graduates in this Major: Teaching (education); coaching; intercollegiate and professional sports management; facility management; community and campus recreation; sports information; sports marketing; fitness programming and leisure sports industries.

Potential Hiring Institutions: Public school systems, YMCA's, park and recreation departments, private health clubs, boys' and girls' clubs, high schools (teacher), colleges ( instructor in athletic administration), professional sports organizations, corporate fitness centers, health clubs, private sports medicine clinics.

## What Beyond-the-Classroom Opportunities Does Valpo Offer You in Physical Education?

Extracurricular Groups: Phi Epsilon Kappa – the Physical Education National Honor Society ([www.valpo.edu/phyed/pekmain/html](http://www.valpo.edu/phyed/pekmain/html)), Physical Education Majors/Minors Club, and Student Advisory Council. Valpo offers more than 100 organizations for its students.

## Off-Campus Opportunities

Internships/Co-ops: Physical Education majors have participated in internship programs with various organizations including the Milwaukee Brewers, Milwaukee Wave, Indianapolis Ice, Chicago Cubs, Chicago White Sox, Houston Rockets, Cleveland Cavaliers, Orlando Magic, Pittsburgh Penguins, South Bend Silverhawks, Fort Wayne Fury, and with sports agents and attorneys, YMCAs, athletic conferences, health and fitness clubs community hospitals and rehabilitation facilities, parks and recreation departments, local high schools and sports medicine clinics, and boys' & girls' clubs. Physical Education Teacher Education majors student teach at elementary and secondary schools in the area. [www.valpo.edu/phyed/smintsr.html](http://www.valpo.edu/phyed/smintsr.html)

Study Abroad: Students may take advantage of any of Valpo's 14 study abroad programs as well as its semester programs in Chicago, New York, and Washington, D.C.

### Alumni:

Marge Albohm, sixth woman in the U.S. certified by the National Athletic Trainers Association; Indiana Athletic Trainers Hall of Fame; National Athletic Trainers Association Hall of Fame, Women's Institute on Sport and Education Hall of Fame; World University Games and Winter Olympic Games Medical Staff

Bryce Drew, Associate Head Men's Basketball Coach, Valparaiso University

Beth Goldman, Event Coordinator, United Center, Chicago

Lloyd McClendon, Manager, Pittsburgh Pirates

Kevin Spudis, Manager of Special Sales Programs, Chicago White Sox

Jon Steinbrecher, Mid-Continent Conference Commissioner