

## THINK SPRING! MISSION TRIPS, THAT IS

SALT is currently looking for students with an interest in participating in spring break mission trips. We will be headed to Eastern Kentucky, Mississippi, and New Orleans. Prices range from \$100 to \$200. The deadline to sign up will be Wednesday, Jan. 23rd. Just email [Rachel.dahlgren@valpo.edu](mailto:Rachel.dahlgren@valpo.edu) if you would like to sign up. These trips are available to any VU student and feel free to invite friends!

Now for a summary of the trips:

### Christian Appalachian Project (Cost \$100-\$150)

What: VU Students will collaborate with the Christian Appalachian Project (CAP) in their spring break alternative called WorkFest 2009. WorkFest allows students to devote their time and energy to improve the homes of Appalachian residents while learning about the injustices and realities of poverty. Volunteers will learn about the self-help activities of the CAP housing process, including sweat equity and financial pay back where possible. Devotion and reflection time will also be a part of each day of work as we seek to understand this experience of faith and service.

When: March 1-6

Where: The Appalachian Region of Eastern Kentucky where over two-thirds of citizens are on welfare and over 50 percent of children are considered to be living in poverty.

### TWO Hurricane Relief Projects in the Gulf Coast (Cost \$150-200)

What: VU students will collaborate with Lutheran Disaster Response (LDR) to continue in the efforts to clean up and restore the Gulf Coast region which has experienced devastating destruction from natural disasters. The spring break trip organized by LDR is a service-learning opportunity which has included over 2,000 participants from over 60 different campuses. Devotion and reflection time will also be a part of each day of work.

When: March 2 -9

Where: New Orleans OR Long Beach, Mississippi

Contact [Rachel.dahlgren@valpo.edu](mailto:Rachel.dahlgren@valpo.edu) for more information.

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