

## LINKS TO OUTSIDE SOURCES OF SELF-HELP

The Bacchus and Gamma Peer Education Network <http://www.bacchusgamma.org>

Porter County AA Meetings <http://aaportercounty.org/meetingList.html>

National Institute on Alcohol Abuse and Alcoholism <http://www.niaaa.nih.gov>

The Substance Abuse and Mental Health Services Administration <http://www.samhsa.gov>

Phoenix House <http://www.factsontap.org>

### Other Links

[www.fixnixer.com](http://www.fixnixer.com)

[Ping My Health](#) - Free online health assessment

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