



Valpo Dining

Sunday 2/05	Monday 2/06	Tuesday 2/07	Wednesday 2/08	Thursday 2/09	Friday 2/10	Saturday 2/11
Soup of the Day	*Canadian Cheese Soup Zesty Chicken & Rice Soup	*Tomato Basil Soup Chili Cook-off Bar	*Cream of Tomato Soup French Onion Soup	*Creamy Vegetable Soup Ham & Beans	*Vegetarian Vegetable Soup Turkey Lemon Rice Soup	Soup of the Day
Chili	Chili	Chili	Chili	Chili	Chili	Chili
Chef's Corner Lunch	Chef's Corner Lunch	Chef's Corner Lunch	Chef's Corner Lunch	Chef's Corner Lunch	Chef's Corner Lunch	
Scrambled Eggs	*Vegetable Burger	*Pierogies	*Grilled Cheese	*Florentine Casserole	*Broccoli Cheese Soufflé	*Vegetable Fried Rice
Sausage Links	Turkey a la King	Popcorn Chicken	Beef Fajitas	French Dip Sandwich	Reuben Sandwich	Hot SW Turkey Grinder
Hash Browns	Meatball Sub	Grilled Bratwurst & Kraut	Mini Tacos	Smashed Chicken Bowl	Blazin' Red Fish Basket	Chicken & Vegetable Egg Rolls
Gourmet Cinnamon Rolls	Rice Pilaf	Monte Cristo	Monterey Chicken Sandwich	Baked Tilapia	Krabby Cakes	Corn Bake
*Fettuccini Alfredo	Gourmet Vegetable	Criss Cut Fries	Mexican Rice/Mexi Corn	California Blend	Cris-Cut Fries	Scrambled Eggs
Carved Ham	Seasoned Carrots	Mixed Vegetables	Black Pepper Fries	Brussels Sprouts	Garden Rice	Hash Browns
Au gratin Potatoes	Country Biscuit	Cauliflower w/Cheese	Seasoned Green Beans	French Fries/Rice Pilaf	Nantucket Vegetables	Biscuits & Gravy
Gourmet Vegetable	French Fries		Churros	Cheddar Poppers		Bacon
Brick Oven Lunch	Brick Oven Lunch	Brick Oven Lunch	Brick Oven Lunch	Brick Oven Lunch	Brick Oven Lunch	
*Hand Tossed Cheese Pizza	*Hand Tossed 3-Cheese Pizza	*Hand Tossed Cheese Pizza	*Hand Tossed 4-Cheese Pizza	*Hand Tossed Cheese Pizza	*Hand Tossed 5-Cheese Pizza	*Hand Tossed Cheese Pizza
Pizza to Order	Buffalo Chicken Pan Pizza	Mega Sausage Pan Pizza	BBQ Chicken Pan Pizza	Taco Pan Pizza	Ham & Pineapple Pan Pizza	Miss Piggy Pan Pizza
	Thin Crust Pepperoni	Pepperoni Pizza	*Thin Crust Spinach & Sundried Tomato	*Vegetable Flatbread Pizza	*Italian White Vegetable Pizza	*Thin Mushroom & Onion
	Italian White Sausage Pizza	*Thin Crust Mushroom	Sausage Pizza	Thin Crust Pepperoni	Thin Crust Sausage Pizza	MTO 7" Pizza
Sizzle Lunch	Sizzle Lunch	Sizzle Lunch	Sizzle Lunch	Sizzle Lunch	Sizzle Lunch	Sizzle Lunch
Belgium Waffles	BBQ Chicken Panini	Chicken Taco Salad	General Tso Chicken	Asian Wrap	Korean Chicken Bowl	Belgium Waffles
with Toppings	Sweet & Sour Chicken Stir-fry	BLT Panini	Turkey Bacon Gouda Panini	*Mozzarella Red Pepper Panini	Chicken Salad Panini	with Toppings
	Pasta Alfredo with Chicken & Broccoli	Pasta with Italian Marinara	Roasted Red Pepper Alfredo	Pasta w/ Marinara	Pasta with Cheese Sauce	Pasta with Garlic Alfredo
		Italian Sausage & Spinach	with Chicken & Pea Pods	with Spicy Peppercorn Sausage	with Ham & Broccoli	& Meatballs/Tofu
Chef's Corner Dinner	Chef's Corner Dinner	Chef's Corner Dinner	Chef's Corner Dinner	Chef's Corner Dinner	Chef's Corner Dinner	Chef's Corner Dinner
*Fettuccini Alfredo	*Grilled Italian Vegetables	*Stuffed Shells	*Mushroom Ravioli	*Ratatouille	*Manicotti	*Vegetable Pasta Blend
Hamburger/Cheeseburger	Beef Enchilada Suiza	Chili Lime Wings	Pasticcio	Grilled Lamb Ribs	Pork Taco	Patty Melt
Buffalo Wings	Chicken Mole	Baked Pecan Cod	Gyro Nachos	TT Roasted Chicken	Grilled Hawaiian Chicken Breast	Chicken Fritter
Grilled Chicken Sandwich	TT Teriyaki Chicken Breast	TT Chopped Steak	Popcorn Shrimp	Lemon Pepper Cod	Rice Blend	Mashed Potatoes/gravy
Seasoned Corn	Spanish Rice	Mashed Potatoes/Gravy	TT Grilled Rib Eye Steak	Wild Rice Blend	Maui Blend Vegetables	Twister Fries
Green Beans	Steamed Rice	Seasoned Rice	Rice Pilaf/Baked Potato	Mashed Yukon Gold Potatoes/Gravy	French Fries	Normandy Blend Vegetables
French Fries	Key West Vegetables	California Blend	Seasoned Wax Beans	Cozumel Vegetables	Kyoto Blend	
Mozzarella Sticks	Grilled Squash	Seasoned Peas	Caribbean Blend	Fresh Broccoli	French Bread	
French Bread			Garlic Toast/French Bread			
Brick Oven Dinner	Brick Oven Dinner	Brick Oven Dinner	Brick Oven Dinner	Brick Oven Dinner	Brick Oven Dinner	Brick Oven Dinner
	*Hand Tossed 3-Cheese Pizza	*Hand Tossed Cheese Pizza	*Hand Tossed 4-Cheese Pizza	*Hand Tossed Cheese Pizza	*Hand Tossed 5-Cheese Pizza	*Hand Tossed Cheese Pizza
Personal Pan Pizzas	Buffalo Chicken Deep Dish Pizza	Mega Sausage Deep Dish Pizza	Chicago Style Pizza	Taco Deep Dish Pizza	Pepperoni Calzone	Miss Piggy Deep Dish Pizza
	Thin Crust Pepperoni	Pepperoni Pizza	*Thin Crust Spinach & Sundried Tomato	*Vegetable Flatbread Pizza	*Vegetable Supreme Deep Dish	*5-Cheese French Bread Pizza
	Italian White Sausage Pizza	*Thin Crust Mushroom	Sausage Pizza	Thin Crust Pepperoni	Thin Crust Sausage Pizza	*Thin Mushroom & Onion
Sizzle Dinner	Sizzle Dinner	Sizzle Dinner	Sizzle Dinner	Sizzle Dinner	Sizzle Dinner	Sizzle Dinner
	BBQ Chicken Panini	Hunan Chicken Stir-fry	General Tso Chicken	Chicken Teriyaki Stir-fry	Korean Chicken Bowl	
	Sweet & Sour Chicken Stir-fry	BLT Panini	Turkey Bacon Gouda Panini	*Mozzarella Red Pepper Panini	Chicken Salad Panini	
Pasta with Marinara	Pasta Alfredo with Chicken & Broccoli	Pasta with Italian Marinara	Roasted Red Pepper Alfredo	Pasta w/ Marinara	Pasta with Cheese Sauce	Pasta with Garlic Alfredo
& Chunky Sausage & Spinach		Italian Sausage & Spinach	with Chicken & Pea Pods	and Spicy Peppercorn Sausage	Ham & Broccoli	& Meatballs/Tofu
Campus Café	Campus Café	Campus Café	Campus Café	Campus Café	Campus Café	Campus Café
Crusader Pizza	*Cheese Pizza	*4-Cheese Pizza	*Cheesy Bread	*Cheese Pizza	Stuffed Crust Pizza	*Cheese Pizza
Balance should be around:	*Veggie Pizza	Hawaiian Pizza	Pepperoni Pizza	Meatball Sub	*Cheese	Sausage Pizza
Freshmen: 1207.52	Lotsa Meatsa Pizza	Mandarin Orange Salad	Mini Corn Dogs	Cattlemen's Classic Pizza	Sausage	Pepperoni Pizza
Sophomore: 1098.76	Onion Rings	Patty Melt	Greek Burger		Pepperoni	
Junior: 1020.00						
					All Jacked Up Grilled Cheese	