

Valparaiso University
Secondary Education
SAMPLE Four-Year Plan of Study

With content major in Physical Education

(6/24/09,11/17/10)

Freshman Fall	CR	Freshman Spring	CR
CORE 110: The Human Experience COMM 145: Interpersonal Communication PE 150: Introduction to Physical Education PE 160: Advanced Lifesaving/Lifeguarding PE 165: Gymnastics PE 175: Experiential Education	5 3 1 2 2 2 <hr/> 15	CORE 115: The Human Experience PSY 110/111: General Psychology ED 203: Introduction to Teaching PE 100: Healthy Lifestyles PE 190: First Aid and CPR PE 192: Sport First Aid	5 4 3 1 2 1 <hr/> 16
Sophomore Fall	CR	Sophomore Spring	CR
ED BLOCK 1: <i>Integrated Field Experience</i> <ul style="list-style-type: none"> ▪ ED 304: Educational Psychology ▪ ED 306: School & Society ▪ ED 350: Seminar BIO 151: Human Anatomy & Physiology I THEO 200: The Christian Tradition PE 270: Teaching Swimming PE 230: Seminar in Health	3 3 0 4 3 2 3 <hr/> 18	ED BLOCK 2: <i>Integrated Field Experience</i> <ul style="list-style-type: none"> ▪ ED 308: Technology as Pedagogy ▪ ED 351: Seminar ▪ ED 357: Curriculum & Assessment ▪ PE 389: Content Area Instruction BIO 152: Human Anatomy & Physiology II PE 231: Substance Abuse and Health PE 240: Philosophical, Historical & Organizational Perspectives in PE	2 0 3 3 4 3 3 <hr/> 18
Junior Fall	CR	Junior Spring	CR
MEDIA BLOCK: <ul style="list-style-type: none"> ▪ ED 307: Media Education ▪ COMM 198: Non Linear Video Editing BIO 205: Fundamental Nutrition PE 315: Teaching of Team Sports PE 325: Teaching of Individual & Dual Sports	3 3 3 3 3 <hr/> 15	PE 360: Adapted Physical Education PE 370: Kinesiology PE 387: Fitness Assessment and Exercise Prescription PE 489: The Teaching of Physical Education THEO 300	3 3 3 3 3 <hr/> 15
Senior Fall	CR	Senior Spring	CR
ED BLOCK 3: <i>Integrated Field Experience</i> <ul style="list-style-type: none"> ▪ ED 450: Seminar ▪ ED 460: Literacy in Content Areas ▪ ED 470: Home, School, Community ▪ SPED 440: Lrng. Exceptionalities Social Science Quantitative Analysis	0 3 3 3 3 3 <hr/> 15	ED BLOCK 4: <i>Student Teaching</i> <ul style="list-style-type: none"> ▪ (ED 459 or SPED 449) ▪ ED 451: Seminar ▪ ED 452: Seminar 	12 1 1 <hr/> 14