

Valparaiso University Greek Life

Leaders, Scholars, Friends-For Life



IFC and Panhellenic Officers Attend the Annual AFLV/NBGLC Central Leadership Conference

More than 2,000 leaders of the Greek community from across the country once again flooded downtown St. Louis for the joint Association of Fraternal Leadership & Values and National Black Greek Leadership Conference, held at the Renaissance Grand Hotel and America's Center from February 10th-13th. The conference programming included sessions and pathways specific to positions in governing councils and chapters. The conference kicked off with keynote speaker David Stollman with the idea of "Buy In or Get Out." Stollman challenged the Greek leaders of today to defy expectations and stereotypes. In a relative but straightforward approach, he inspired Greek leaders and taught skills on tackling issues head-on. A common theme that was used to pull the conference together is the story of Roger Bannister and his goal to run the mile in under 4 minutes, and how many times he failed. In addition to learning many valuable lessons and skills, Valparaiso University Greek Life also took home the Gamma Sigma Alpha Academic Award for the All-Greek GPA. Go ahead and talk to the executive officers and ask them about their experience!

Assistant Dean of Students for Greek Life Jennifer Jones-Hall participated in the conference as the Special Programs Coordinator.

Upcoming Events

March

- 14: Classes Resume
- 14-15: Delta Xi Phi Philanthropy
- 14-18: Sigma Tau Gamma Food Drive
- 21: PR Roundtable Discussion 9:15pm
- 25: Greek Awards Due
- 28: Social Chair Meeting 9:15pm
- 29: Meet the Greeks 6:00pm
- 30: President's Meeting 9:15pm

April

- 4-8: Phi Kappa Psi 500
- 7: OADE Mocktails 7pm
- 9: SALT 5k 10am
- 9: Lambda Chi Alpha Girls of the Gridiron
- 10: Chi Omega Make a Swish
- 11: Roundtable Discussion
- 13-16: Greek Week

Think Greek: Events to Help You Succeed

Being Greek is pushing yourself to be the best you can be, so try out some of these events put on by the Career Center. Be successful. Be Greek!

March 29: Finding and Internship 3:30pm-4:15pm
Alumni Room, Harre Union

April 5: Resumes and Cover Letters 4:00pm-5:15pm
Alumni Room, Harre Union

April 6: Job Search Strategies/Networking 2:30pm-3:15pm
Alumni Room, Harre Union

April 8: Speed Networking 12:00pm-3:00pm
Community Room, CCLIR

Coming Soon: Greek Week 2011

Greek Week 2011 is fast approaching, April 9-15/16. This year, we are excited to partner with the Social Action Leadership Team and their World Relief Campaign. This will involve some fund-raising (Penny Wars) for their \$1,000 challenge, and participating in a 5k on Saturday, April 9th. If they reach their goal, President Heckler will sumo wrestle Provost Schwehn. This year will bring similar, updated events with some new twists. The best of luck to each of the five teams!

Be Social: Break Out of Your Cage

As the word becomes more technology oriented and the Greek system's relevance is questioned, we are always trying to prove ourselves to the world. A simple, quick and effective way to address a modern problem and defy expectations is to be social! Go ahead and challenge yourself to be social and talk to a "stranger" every day for 30 days. Here are some tips to be social and accomplish that goal:

1. Have a conversation with the individual who serves you coffee (or smoothie). Rather than just ordering that grande caramel mocha, try asking that person about their day and engage them for the two minutes it takes to make your beverage.
2. Say hello to the person walking next to you on your way to class. Instead of playing Angry Birds on your iPhone or iPad on your way to class, try striking up a conversation with the person walking next to you. The conversation doesn't have to be awkward or long, keep it brief and simple and go about your day.
3. Sit next to a "stranger." The next time you are eating a meal in the union, instead of sitting with people you know, try to sit with new people occasionally. You can try this in the library or class, but there is much less opportunity for conversation (you should be paying attention or working!).

Go ahead and challenge yourself to break out of your cage and be social! If you like, post what you do to your Facebook or Twitter, or Greek Life's Facebook or new Twitter @valpogreeklife. Be social! Be Greek!

Adapted from "Break Out of Your Cage" - Jacob Ternes, Senior Leadership Consultant, Phi Delta Theta Fraternity, <http://www.phideltatheta.org>