

## Health Center offers quality care to students



As a parent of twins and a health professional, Toni Baldwin-Dufour knows the importance of the availability of quality health care to college students. Baldwin-Dufour, director of the Valparaiso University Health Center, has been a member of the Parents Council for over a year and is beginning her first term with the University Guild Board of Directors. Her twins, Amy Jo and Matthew, are both juniors in the College of Nursing. Matthew Baldwin is also in the Air Force ROTC program.

Baldwin-Dufour earned her degree in nursing from Memorial Hospital School of Nursing. She then attended Valparaiso University, where she received her Bachelor of Science in Nursing, Masters of Science in Nursing – Nurse Practitioner, and Doctor of Nursing Practice.

Baldwin-Dufour’s professional background includes working as an emergency and trauma nurse, being a director of three emergency departments, and working as a family nurse practitioner. She has worked at the Health Center for the past four years.

“The Health Center has a rigorous internal quality program, which should reassure parents that their children are being treated with the best care,” said Baldwin-Dufour. “All of our staff is trained in basic life support through the American Heart Association. Our physician and nurse practitioners are all board certified in their specialty.”

The Valparaiso University Health Center offers a number of important services to students, including immunizations, sutures, wart removal and tests. Every full-time student is provided with a basic student accident or sickness policy that is covered in the general university fee. While the Health Center does not have a full pharmacy, it is equipped with a basic supply of medications and has a \$4 prescription drug program with local pharmacies.

Outside of medical care, the Health Center also provides a wellness outreach to campus, smoothie days during spring finals and free CPR training for students.

“Many parents don’t realize that we have a travel clinic, providing consultations, prescriptions and immunizations for study abroad students,” Baldwin-Dufour said. “We also have an immunotherapy program that allows allergy patients to continue to receive their allergy shots on campus.”

To make things easier on students, Baldwin-Dufour said the Health Center has a dedicated individual on staff to assist students with the processing of student insurance claims. The patient satisfaction survey found that 95 percent of students would recommend the Health Center to a friend, she said.

For more information on the Valparaiso University Health Center, visit [valpo.edu/healthcenter](http://valpo.edu/healthcenter)

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