

COUNSELING SERVICES

[Counseling Center](#) The Counseling Center provides individual and group counseling sessions to full-time law students. The Center staff also offers educational presentations through its outreach services, medication services, consultation, and psychological assessment. For more information, call 219.464.5002, visit the Counseling Center website, or contact Student Relations.

EMERGENCY?

Daytime: 219.464.5002

Evening between 5:00-7:30pm: 219.531.3500

After 8:00pm and weekends: 911 for the EMT or go to the Porter ER

An emergency may generally be considered a situation in which you are concerned about the immediate safety and well being of yourself or of someone else. An emergency might involve:

- Thoughts and plans to hurt yourself or someone else
- Engaging in a behavior that is life threatening
- If you have been assaulted, physically or sexually

[Campus Ministries](#) Valparaiso University hosts a variety of organizations providing ministry to students in addition to ministry offered through the Chapel of the Resurrection.

[Safe Space Initiative](#) To promote a welcoming environment within the School of Law for all students, staff and faculty, the Safe Space Program provides a method by which all members of the School of Law community can discuss any concerns that he or she may have related to diversity and equality with any member of the committee in a non-judgmental and non-threatening atmosphere.

Originally designed by and for the LGBTQ community, Valpo Law has endeavored to broaden the program so that all students with concerns or questions regarding (among other things) gender, religion, culture, race and/or women's issues will have the opportunity to talk to a trusted administrator in confidence. Safe Space participants are identified by a sticker on their office door.

[Office of Alcohol and Drug Education](#) The Office of Alcohol and Drug Education offers assessment and outreach to students dealing with dependency or abuse issues. For more information, call 219.464.6820, visit the OADE website, or contact Student Relations.

[Sexual Assault Awareness & Facilitative Education](#) (SAAFE) The SAAFE Office offers crisis center support to victims of sexual abuse. In addition, it offers advocacy services, sexual harassment reporting services and sponsors and supports various events that create awareness in issues regarding sexual misconduct, violence, date rape substances, sexually transmitted infections, and healthy relationships and lifestyles. For more information, call 219.464.6860, visit the SAAFE website, or contact Student Relations.

The Indiana [Judges and Lawyers Assistance Program](#) (JLAP) Research has shown that lawyers may suffer from alcohol abuse, substance abuse, and depression at a rate higher than the general population. Experience has shown that lawyers may be more reluctant than others to seek help for their own problems.

The purpose of JLAP is to provide confidential assistance to judges, lawyers, and law students who may encounter these and other issues that could impair their ability to practice in a professional and competent manner. For more information, call toll free 866.428.5527, visit the JLAP website, or contact Student Relations.

[The ABA Commission on Lawyer Assistance Programs](#) (CoLAP) The mission of this organization is to educate the legal profession concerning alcoholism, chemical dependencies, stress, depression, and other emotional health issues, and to assist and support all bar associations and lawyer assistance programs in developing and maintaining methods of providing effective solutions for recovery.

[Lawyers with Depression](#) Created for lawyers with Depression by a lawyer with Depression.