FACULTY PROFILE

Kelly Helm, Ph.D.

Director Exercise Science Department

ARC219-464-6667Kelly.Helm1@valpo.edu

Biography

Dr. Helm joined our staff in the Fall of 2008. She brought with her not only enthusiasm but also innovated ideas for not only our exercise science area but also for our department as a whole.. She came to us from Ancilla College as a Assistant Professor, head women's volleyball coach and academic coordinator. She has worked as a teaching assistant at Purdue University, Assistant Professor at both Tennessee Wesleyan College and Montana State University.

Dr. Helm is currently the director of our exercise science program and is involved in developing new procedures and research possibilities for the department.

Dr. Helm received her Ph.D. from Purdue University spring 2009.

Education

PhD. Spring 2009 - Purdue University/Health Pedagogy Expected date of Graduation December 2008Masters of Science - Health and Human Performance - The University of Montana 1998Bachelor of Science - Exercise Science/Physical Education - Brigham Young University 1981

Professional Affiliations

- IRB Committee
- Ancilla CollegeAthletic Advisory Committee Higher Learning Commission Criterion 3 Subcommittee. Attendance Committee Faculty Senate
- USA Track & Field Official
- Purdue University Track & Field Official
- NCCP National Coaching Certif. Prog. of CanadaFormer Member & Course Conductor
- American Heart AssociationCPR/AED

The PDF Footer