

5-12 CURRICULUM

Physical Education Teacher Education Concentrations

The 5-12 concentration is composed of a 36-credit core of physical education courses designed to prepare students for teaching at the higher grade levels.

Courses must include:

- PE 101-105 Fitness Principles 1 cr
- PE 150 Introduction to Physical Education 1 cr
- PE 180 Officiating in Sports 1 cr
- PE 190 First Aid, Health & Safety 2 cr
- PE 235 Prevention & Care of Athletic Injuries 3 cr
- PE 240 Phil., Hist., & Org. Perspectives in Physical Education 3 cr
- PE 250 Dance Patterns & Forms 3 cr
- PE 260 Gymnastics 2 cr
- PE 290 Individual & Team Sports 1 cr
- PE 340 Movement & Learning 3 cr
- PE 370 Kinesiology 3 cr
- PE 410 Measurement & Evaluation in Physical Education 3 cr

Other Requirements Include:

- BIO 151 Human Biology I 4 cr
- BIO 152 Human Biology II 4 cr

For further assistance please contact:

Dr. Barbara Tyree, Director Physical Education Teacher Education Program
barbara.tyree@valpo.edu

The PDF Footer