## **VALPARAISO UNIVERSITY** *CLINICAL MENTAL HEALTH COUNSELING*

2023 FIELD PLACEMENT HANDBOOK

### **Table of Contents**

I.	Introduction	(p. 3)
II.	Prerequisites	(p. 3)
III.	Field Placement Sequence	(p. 4)
IV.	Certification and Licensure	(p. 5)
V.	Administration	(p. 5)
VI.	Frequently Asked Questions	(p. 6)
VII.	Resolving Problems	(p. 7)
VIII.	Forms	(p. 8)
	Practicum Contract	(p. 9)
	Internship Contract	(p. 12)
	Time Log	(p. 15)
	Semester Summary Sheet (Practicum)	(p. 16)
	Semester Summary Sheet (Internship)	(p. 17)
	Field Placements Summary Sheet (Cumulative)	(p. 18)
	Midterm Evaluation Form	(p. 19)
	Final Evaluation of Student by On-Site Supervisor	(p. 20)
	Student Evaluation of Site and Experience	(p. 22)
	Student Evaluation of On-Site Supervisor	(p. 23)
	Student Checklist for Field Placement	(p. 25)
	Release for Taping	(p. 26)
IX.	Field Placement Sites	(p. 27)

#### I. Introduction

Experiential training is perhaps the single most important element of a counseling training program. The knowledge, skills, and attitudes acquired through academic coursework may be severely tested by the demands of "real world" counseling situations. Policy for experiential training is set by the faculty and administered by the Counselor Training Coordinator (CTC) who provides mentorship and supervision. Detailed information is found in the Field Placement Handbook which will be provided at the pre-practicum (informational) meeting held at the end of the Fall Semester.

#### II. Prerequisites

Experiential training is completed toward the end of the student's academic program, when prepracticum requirements have been satisfied. These requirements are as follows:

- 1. *Complete course prerequisites*. Before enrolling in the practicum, students must complete each of the core program courses with no grade lower than a "B-":
  - COUN 635 Intro to Psychopathology
  - COUN 660 Helping Relationships: Counseling Theories
  - COUN 662 Helping Relationships: Counseling Processes
  - COUN 693 Professional Issues and Ethics in Counseling
- 2. *Pre Practicum meeting*. All students planning to do a field placement are **required** to attend a group informational meeting held toward the end of the Fall Semester that outlines the goals and procedures of the practicum and internship program, as well as the steps the individual will have to take to be approved for field placement.
- 3. Complete a pre-practicum review with the CTC if requested by the CTC and counseling program faculty. The CTC and counseling program faculty will conduct a pre-practicum review of skills, academic knowledge, goals and attitudes to determine student readiness to begin field placement. In some cases, individual interviews will be required with the CTC prior to approval for field placement. You will be notified if you need to complete this additional review prior to the end of the fall semester.

Planned Initial Semester for Practicum/Internship	Deadline for Review of Contract & Insurance
Summer Sessions	March 1
Fall Semester	April 1
Spring Semester	October 1

4. Arrange for an initial field experience site. Students work out a plan for the field training experiences in consultation with the CTC. Students are responsible for finding their own practicum/internship sites and are encouraged to keep the CTC informed of the progress of their site

search. The CTC maintains a list of approved sites (a list is provided in this guide); however, you may investigate other site possibilities which will need to be approved by the CTC prior to obtaining a signed contract. This process requires time, which means you must let the CTC know of this interest as soon as possible. Requests for new sites made too close to the contract deadline will not be accepted.

If a student is interested in obtaining experiential training at her/his current work site, the placement must involve different responsibilities from those normally performed. Such placements are subject to the approval of the CTC and the Program Director. For those electing to pursue a placement at their site of employment, it is expected that they will have their training supervised by an individual who is not their immediate work supervisor.

Upon approval and receipt of a signed contract, the CTC will register students for field placement experiences. YOU CANNOT REGISTER FOR THE PRACTICUM AND INTERNSHIP SECTIONS YOURSELF.

Once a contract has been signed by the site supervisor and the student, the student MAY NOT BREAK THAT CONTRACT. If there is an issue at the site, the student must first consult with their class instructor to attempt resolution. If that fails to work, the student may consult with the CTC. THE CTC MUST APPROVE ANY SITE CHANGES ONCE A CONTRACT AND/OR VERBAL AGREEMENT HAS BEEN REACHED WITH A SITE.

5. Obtain personal professional liability insurance. Students are required to obtain personal professional liability insurance from a Professional Counseling provider prior to beginning any practicum or internship and must maintain coverage throughout their experiences. Students must provide proof of insurance to the CTC prior to registering for field placements, and it must be provided each semester. While most agencies and organizations carry malpractice coverage, it typically covers them (the organization) and does not extend to individual liability. Liability insurance is included with Student Membership in the American Counseling Association [contact ACA via website at <a href="http://www.counseling.org">http://www.counseling.org</a> or via phone (800) 347-6647]. Reasonable rates may also be available through the American Mental Health Counseling Association (800) 326-2642, or other mental health related professional organizations.

#### **III. Field Placement Sequence**

- COUN 685. Counseling Practicum, 120 hours, 40 hours must be direct contact with clients (10 hours must be in the provision of Group Counseling). Involves exposure to a variety of professional counseling activities. (Full summer session)
  - COUN 685 requires one additional hour each week of Triadic supervision with a faculty member that will be assigned to you at the beginning of the summer. Successfully completing the practicum requires successful completion of the triadic supervision component in addition to the group supervision class experience.

- COUN 686. Counseling Internship I, 300 hours, 120 direct contact hours. Involves exposure to a variety of professional counseling activities. Increasing student responsibility for clients. (Fall semester)
- COUN 687. Counseling Internship II, 300 hours, 120 direct contact hours. Involves exposure to a variety of professional counseling activities. Increasing student responsibility for clients. (Spring semester)
- COUN 688. Advanced Counseling Internship, 300 hours, 120 direct contact hours. Involves exposure to advanced counseling activities. (**Full summer session**)

#### IV. Certification and Licensure

Some states/jurisdictions may require that licensed mental health professionals earn degrees from programs with certain certifications or accreditations (e.g., CACREP). Students interested in particular forms of employment in particular states should immediately contact the licensure boards in those states and discuss findings with their academic advisor. *Licensure information for all states can be found through the National Board for Certified Counselors (NBCC; www.nbcc.org)*. Additional information regarding certification and licensure is available on the American Counseling Association's website (www.counseling.org). Students should contact the licensure board or credentialing organization for the jurisdiction in which they are interested in practicing to obtain the actual licensing/certification requirements for that jurisdiction.

It is the student's responsibility to make sure that she/he is successfully completing the licensure/certification requirements (including clinical experience requirements, supervision requirements, coursework requirements, etc.) established by the jurisdiction in which the student ultimately intends to pursue professional licensure/certification.

Students should keep (1) all written records of their field training experiences, (2) syllabi for all courses, and (3) a copy of the Graduate Catalog for use in applying for licensure/certification.

#### V. Administration

The *Clinical Training Coordinator (CTC)* administers the practicum and internship program for the department. Major responsibilities include:

- 1. Providing information to students about the clinical training program
- 2. Certifying that students are ready to begin training and register for practicum
- 3. Coordinating assessment of students in the clinical training program and recommending remedial programs for students experiencing difficulties
- 4. Approving all registrations for all practicum and internship courses
- 5. Liaising with internal and external groups offering practicum or internship opportunities for graduate students
- 6. Approving training sites
- 7. Attending program faculty meetings and providing input about training issues
- 8. Coordinating and training practicum/internship instructors

#### 9. Teaching practicum/internship courses

Contact Information for the CTC: Anthony Suarez, PhD, LMHC College of Arts & Sciences, Room 354 219-464-5699 tony.suarez@valpo.edu

On-site supervision. In addition to the University group supervision, intensive individual supervision at your training site is a key part of your field experience. For the practicum, internships, and advanced internship this must (without exception) involve a minimum of 1 hour per week of individual supervision at a regularly scheduled time. More individual time plus additional on-site group supervision experiences may be added as needed. It is important to work out regular hours with your supervisor, and to develop specific training goals, which will become part of your training contract for the field experience. Your supervisor will provide evaluations of your work at mid-semester and at the end of the term. You will also have an opportunity to evaluate your supervisor and site.

#### VI. Frequently Asked Questions

- How are the classes graded?
   All four of the field placement classes are graded on an S/U basis.
- May I accrue hours during VU breaks?

You may continue to accrue hours at your site during Thanksgiving break, and Fall break. Special arrangements must be made with the CTC and your supervision class instructor to work during Spring break. You may not work at a site during breaks between semesters as you are not enrolled as a student at VU during these times (i.e. during Christmas break) and your student liability insurance WILL NOT cover you during breaks between semesters when you are not being supervised by University faculty in an internship or practicum class. Additionally, CACREP requires that practicum and internship students receive supervision both on site and from a university supervisor for practicum and internship hours to count. If a site wants to hire you during these breaks as an employee that is an agreement between the student and the site and no hours during this time will be connected with or counted towards practicum or internship requirements.

- May I use a site that is not on the provided site list?

  If you have interest in using a site that is not on the provided site list you must first meet with the CTC to discuss this option. The CTC must speak with the site and complete a vetting process prior to a site being approved for internship. You may NOT obtain a site not listed in this handbook on your own without prior approval of the CTC.
- May I make up hours missed in one semester in the next?

  You may not make up for missing hours from one semester to the next. It is crucial you are proactive and stay on track with your plan to achieve your hours for the semester.
- What if I have a problem with my site or site supervisor?

You may discuss it in class to get ideas from other students, or you may request a private appointment with the field placement class instructor or the CTC. Generally, we can help you work the problem out on your own. If necessary, the instructor can talk with your supervisor. In extreme cases, the CTC may arrange for a switch to a new site.

- Do I have to turn in a contract each semester if I am staying at the same site for two semesters? Yes. You must turn in a contract and a copy of your liability insurance to the CTC by the deadline posted for each semester. The CTC will not register a student for the class if these are not turned in.
- What are the requirements of my site supervisor? Your site supervisor must be a licensed, masters-level or higher, mental health clinician. Your supervisor should have an LMHC, an LCSW, or be a licensed psychologist.
- What do I do if a site won't get back to me regarding placement?

  It is not uncommon for sites to not return calls or emails. The best way for you to make contact is to set up an in-person appointment. Supervisors are extremely busy and are not purposefully trying to ignore you, and you must be persistent to get in the door, including setting up an appointment to meet in person.
- Does Practicum/Internship class count towards my weekly/overall hours? Yes. Your hours from practicum, internship, and triadic supervision count as group supervision hours towards your overall hours.

#### **VII. Resolving Problems**

In the event that a problem cannot be resolved by discussion between the involved student, supervisor and the CTC, the issue may be brought to others for resolution. This may be done directly by the student and/or CTC, or via one of the elected graduate student representatives for the CMHC program. Problem issues should first be brought to the attention of the Program Director for the CMHC program, and may also lead to consultation with department faculty, the Chairperson of the Psychology Department, or the Dean of the Graduate School.

### **APPENDIX OF FORMS**

#### PRACTICUM CONTRACT

## Valparaiso University Department of Psychology Graduate Program in Clinical Mental Health Counseling

3	only if all parties are of one accord. The specific agreement will
exist between(Site Supervisor w/ Credential	, Anthony Suarez, PhD, LMHC, Department Clinical
Training Coordinator, and	
(Stu	ident Name)
The following student:	
Name:	
Course: COUN685: Counseling Practicum	
Semester:	
Address:	
Phone:	
Will serve a field placement at the following	ng site:
Agency/Organization:	
Address:	
Phone:	
Site Supervisor Name and	Site
Credentials:	Superviso r Email:
This field placement will begin on	and will end
	and will consist of approximately hours pe

#### **The Practicum Program**

The Practicum program is to consist of a minimum of 120 hours with 40 of those hours being direct contact hours with clients, and 10 hours of group experience. This program is intended to fulfill the practicum requirement for the master's degree in the CMHC concentration with a total of 3 credit hours.

#### **Responsibilities of the Practicum Student**

The internship student shall be responsible for: <u>STUDENTS MUST INCLUDE #'s 1-7</u>; <u>Several objectives must be added beyond 1-7 that are agreed upon with the site supervisor: 8-11 provide examples of what these objective MIGHT look like.</u>

- 1. Completing a minimum of  $\underline{120}$  hours with a minimum of  $\underline{40}$  hours in direct client service and  $\underline{10}$  hours of group experience.
- 2. Maintaining an accurate record as required by the on-site supervisor.
- 3. Maintaining a log of time spent and all practicum activities which will be reviewed on a weekly basis and verified by the on-site supervisor's signature. These logs will be turned in bi-weekly to the university group supervisor for review.
- 4. Completing and submitting counseling session tapes (number to be determined by individual faculty supervisor during triadic supervision)
- 5. Being at the training site according to a mutually negotiated schedule between the on-site supervisor(s) and student. Any deviation from that schedule is at the discretion of the student in consultation with his/her supervisor.
- 6. Being directly accountable to the on-site supervisor for actions and behavior while on site.
- 7. Abiding by the rules, regulations and policies of the placement agency/organization. This is particularly important with regard to client confidentiality and to ethical conduct.
   8. Paceiving supervision and instruction in the programs and procedures of:

ο.	Receiving supervision and instruction in the programs and procedures or

- 9. Administering assessments to evaluate client abilities, strengths, and needs.
- 10. Scoring and interpreting the assessments that are conducted and writing reports based on interpretations of assessment results.
- 11. Providing feedback and career guidance to clients following the evaluation.

#### **Responsibilities of the On-Site Supervisor**

The on-site supervisor will serve as a consultant and supervisor for the practicum student while the student is on-site. Regular weekly individual supervision of at least one hour between the on-site supervisor and the practicum student is required. Additionally, the on-site supervisor will be required to complete the Midterm and Final Evaluation of the Practicum student.

#### Responsibilities of the Individual/Triadic University Supervisor

The individual university supervisor shall meet with the practicum student weekly in triadic supervision for the purpose of:

- 1. Critiquing and discussing the practicum student's progress on a regular basis
- 2. Evaluating and providing feedback of the taped counseling sessions
- 3. Being available to discuss the practicum student's placement concerns
- 4. Evaluating the practicum student's progress and status of projects

#### Responsibilities of the Group University Supervisor

The Group University Supervisor shall meet with the practicum student on a weekly basis for 1.5 hours in a group format for the purpose of:

- 1. Discussing the timely concerns and issues of the student group enrolled in the practicum course
- 2. Being available as another faculty consultant to provide feedback and guidance related to student's placement concerns.
- 3. Evaluating at least one tape presentation during the course of the semester
- 4. Making a site visit during the course of the semester to meet with the on-site supervisor.

In the unlikely event that a problematic situation occurs between the on-site supervisor and the practicum student which is difficult to resolve, either the on-site supervisor or the practicum student may contact the student's university supervisors or the Clinical Training Coordinator.

Practicum Student	Date			
On-Site Supervisor	Date			
Valparaiso University Clinical Training Coordinator	Date			
Anthony Suarez, PhD, LMHC Department of Psychology, Valparaiso University College of Arts & Sciences, Room 354 219-464-5699 tony.suarez@valpo.edu				
IMPORTANT: THE ASSIGNED SITE SUPI VERIFY ALL OF THE FOLLOWING:	E <b>RVISOR</b> MU	JST INITIAL	THE BOX BI	ELOW TO
1. HOLD A MINIMUM OF A MASTER'S DEGREE IN 2. ARE CURRENT AND IN GOOD STANDING WITI NOTED ABOVE 3. HAVE A MINIMUM OF 2 YEARS OF RELEVANT COUNSELING	H ALL CLINIO	CAL CERTIF	TICATIONS A	ND LICENSE
By initialing this box you are verifying all of the above of	criteria are beir	ng met		

#### INTERNSHIP/ADVANCED INTERNSHIP CONTRACT

# Valparaiso University Department of Psychology Graduate Program in Clinical Mental Health Counseling

The purpose of this document is to specify the terms of	f the agreement that will exist between the Clinical Men
Health Counseling Program at Valparaiso University a	and the placement field site. The terms of the agreement
be subject to modification and/or amendment only if al	ll parties are of one accord. The specific agreement will
exist between	, Anthony Suarez, PhD, LMHC, Department Clinical
Training Coordinator, and(Student Name)	·
The following student:	
Name:	
Course:	
Semester:	
Address:	
Phone:	
Will serve a field placement at the following site:	
Agency/Organization:	
Address:	
Phone:	
Site Supervisor Name and	Site
Credentials:	Superviso
	r Email:
This field placement will begin	and will end
	and will consist of approximately
hours per week of on-site training, for a total of	hours of training.

#### The Internship and Advanced Internship Program

The internship and advanced internship program are to consist of a minimum of 300 hours with 120 of those hours being direct contact hours with clients. This program is intended to fulfill one of the internship requirements for the master's degree in the CMHC concentration with a total of 3 credit hours.

#### **Responsibilities of the Internship Student**

The Internship student shall be responsible for: STUDENTS MUST INCLUDE #'s 1-7; Several objectives must be added beyond 1-7 that are agreed upon with the site supervisor:8-11 provide examples of what these objective MIGHT look like.

- 1. Completing a minimum of 300 hours with a minimum of 120 hours in direct client
- 2. Maintaining an accurate record as required by the on-site supervisor.
- 3. Maintaining a log of time spent and all internship activities which will be reviewed on a weekly basis and verified by the on-site supervisor's signature. These logs will be turned in bi-weekly to the university group supervisor for review.
- 4. Completing and submitting counseling session tapes.
- 5. Being at the training site according to a mutually negotiated schedule between the on-site supervisor(s) and student. Any deviation from that schedule is at the discretion of the student in consultation with his/her supervisor.
- 6. Being directly accountable to the on-site supervisor for actions and behavior while on site.
- 7. Abiding by the rules, regulations and policies of the placement agency/organization. This is particularly important with regard to client confidentiality and to ethical conduct.

8.	Receiving supervision and instruction in the programs and procedures of:	-
9.	Administering assessments to evaluate client abilities, strengths, and needs.	•

- 10. Scoring and interpreting the assessments that are conducted and writing reports based on interpretations of assessment results.
- 11. Providing feedback and career guidance to clients following the evaluation.

#### Responsibilities of the On-Site Supervisor

The on-site supervisor will serve as consultant and supervisor for the internship student while the student is on-site. Regular individual weekly supervision of at least one hour between the on-site supervisor and the internship student is required. Additionally, the on-site supervisor will be required to complete the Midterm and Final Evaluation of the internship student.

#### Responsibilities of the Group University Supervisor

The group university supervisor shall meet with the internship student on a weekly basis in a group format for the purpose of:

- 1. Discussing the timely concerns and issues of the student group enrolled in the internship course.
- 2. Being available as another faculty consultant to provide feedback and guidance related to student's placement concerns.
- 3. Evaluating at least one tape presentation during the course of the semester.
- 4. Making a site visit during the course of the semester to meet with the on-site supervisor.

In the unlikely event that a problematic situation occurs which is difficult to resolve, either the on-site supervisor university supervisors or the departmental Clinical Train	
Internship Student	Date
On-Site Supervisor	Date
Valparaiso University Clinical Training Coordinator	Date
Anthony Suarez, PhD, LMHC Department of Psychology, Valparaiso University College of Arts & Sciences, Room 354 219-464-5699 tony.suarez@valpo.edu	
<b>IMPORTANT:</b> THE ASSIGNED SITE SUPPLY VERIFY ALL OF THE FOLLOWING:	ERVISOR <b>MUST</b> INITIAL THE BOX BELOW TO
NOTED ABOVE	IN COUNSELING OR A RELATED FIELD TH ALL CLINICAL CERTIFICATIONS AND LICENSES T EXPERIENCE IN THE FIELD OF MENTAL HEALTH
By initialing this box you are verifying all of the above	criteria are being met

# Practicum/Internship Weekly Time Log Valparaiso University Graduate Program in Clinical Mental Health Counseling

Vame: Week of (l						(list Monday's date only):				
Clinical Site:										
DIRECT SERVICE	M	Т	W	R	F	SAT	SUN	TOTAL		
INDIVIDUAL										
GROUP										
FAMILY										
COUPLES										
ASSESSMENT										
CO-THERAPY										
OTHER (SPECIFY):								DIRECT SERV	TCE TOTAL	
INDIRECT SERVICE										
CLINICAL DOCUMENTATION										
CASE NOTES										
CLIENT PREP			†		1					
ASSESSMENT SCORING			†		1	1				
CORRESPONDENCE										
REPORT WRITING										
OTHER (SPECIFY):										
OTTER (SI EEII 1).										
PROFESSIONAL DEVELOPMENT										
CONFERENCES										
READING										
STAFF MEETINGS										
TAPE REVIEW										
TRAINING								INDIRECT SER	VICE TOTA	
SUPERVISION										
INDIVIDUAL										
GROUP										
TRIADIC								SUPERVISIO	ON TOTAL:	
	DIRE	CT +INI	DIRECT	+SUPE	RVISIO	N TOTA	L (THIS V	VEEK'S TOTAL):	·	
Practicum/Internship Student				Da	te					
1										
On-Site Supervisor				Da	te					
Valparaiso University Group/Clas	s Superv	visor		Da	te					

#### **SEMESTER SUMMARY SHEET**

#### COUN 685 Practicum Valparaiso University CMHC Program

Practicum students need 120 total hours to fulfill field placement requirements.
40 hours must be direct client contact hours.
10 of the 40 must be group counseling.

Week of (list Monday's		CUMULATIVE TOTAL					
date only)	DIR	ECT	INDIRECT	SU	PERVIS	ION	(DIRECT + INDIRECT
	Group	Other Direct		Ind.	Group	Triadic	+ SUPERVISION)
SEMESTER TOTALS							
Student Name (printed): _							
Student Signature:							
Site Supervisor Signature:						Date:	

Group/Class Supervisor Signature:

Date: \_\_\_\_\_

#### **SEMESTER SUMMARY SHEET** COUN 686/687/688 Internship/Advanced Internship

Valparaiso University CMHC Program

Internship students need 300 total hours each semester to fulfill field placement requirements. 120 hours must be direct client contact hours. Please mark the appropriate course.

	,	CUMULATIVE TOTAL (DIRECT + INDIRECT + SUPERVISION)			
West of the March St.	DIRECT	INDIRECT	SUPER	VISION	
Week of (list Monday's date only)			Ind.	Group	
• /					
SEMESTER TOTALS					
Student Name (printed):					
Student Signature:				<b>Date:</b>	
Site Supervisor Signature:				Date:	
Group/Class Supervisor Signa	nture:			Date:	

### FIELD PLACEMENT SUMMARY SHEET Valparaiso University CMHC Program

#### To be submitted with COUN 688 Advanced Internship paperwork.

Please list:							
COUN685 supervisor (w/ o	credentials):						
COUN686 supervisor (w/ o	credentials):						
COUN687 supervisor (w/ o	credentials):						
COUN688 supervisor (w/ o	credentials):						
		SEM	MESTER TOTALS	}			CUMULATIVE TOTAL (DIRECT + INDIRECT + SUPERVISION)
COVIDGE		ECT	INDIRECT		PERVIS		
COURSE	Group	Other Direct		Ind.	Group	Triadic	
COUN 685 PRACTICUM							
COUN 686 INTERNSHIP							
COUN 687 INTERNSHIP							
COUN 688 ADVANCED INTERNSHIP							
FIELD PLACEMENT TOTALS (ADD DIRECT & SUPERVISION COLUMNS	(Group + O	ther Direct)	(Indirect)	(In	d. + Gro Triadic		(Cumulative Field Placement Total)
TO HAVE ONE TOTAL FOR EACH CATEGORY)		+	+	_		_=	
Student Name (printed): _							
Student Signature:				D	ate:		
<b>Clinical Training Director</b>	Signature: _			D	ate:		

#### Clinical Practicum/Internship/Advanced Internship MIDTERM Evaluation Form

#### Master's Program in Clinical Mental Health Counseling Psychology Department Valparaiso University

To the On-Site Supervisor:

The Department of Psychology and the graduate program sincerely appreciate you serving as an on-site supervisor for the student identified below. In order to maximize the mutual benefits of participation at the site for the student and your organization, please provide a few summary comments related to the student's work at your site to this point in the academic semester.

Thank you once again for your support of our students.

Student:		 
On-Site Superv	isor:	 
Placement Site	:	

On-Site Supervisor's Comments: Please cite strengths and areas of growth.

#### Final Evaluation of Student by On-Site Supervisor Valparaiso University CMHC Program

Course:	Term:	
Student	On-Site	
:	<b>Supervisor:</b>	

		Strongly disagree		Somewhat agree		Strongly agree	
1.	Comes prepared for supervision	1	2	3	4	5	na
2.	Adheres to ethical standards of counseling	1	2	3	4	5	na
3.	Adheres to the site protocol and procedures	1	2	3	4	5	na
4.	Demonstrates professionalism (on time, dress)	1	2	3	4	5	na
5.	Is open to feedback	1	2	3	4	5	na
6.	Addresses theoretical orientation and evidenced based practice in regard to work with clients	1	2	3	4	5	na
7.	Demonstrates success in forming effective counseling relationships	1	2	3	4	5	na
8.	Willing to explore the impact of 'self' on clinical work	1	2	3	4	5	na
9.	Is actively involved in the supervision process.	1	2	3	4	5	na
10.	Demonstrates respect for cultural/ideological differences	1	2	3	4	5	na
11.	Understands the impact of own values, experiences and bias on session dynamics and conceptualization	1	2	3	4	5	na
12.	Demonstrates the ability to modify theories, techniques, interventions to make them culturally appropriate for diverse populations	1	2	3	4	5	na
13.	Appropriately addresses interpersonal dynamics between self and client.	1	2	3	4	5	na
14.	Demonstrates responsiveness to supervisor	1	2	3	4	5	na
15.	Demonstrates ability to integrate and reflect content, thoughts, feelings and meaning as presented by the client	1	2	3	4	5	na

16. Demonstrates appropriate use of diagnos tools, including the DSM 5	tic 1	2	3	4	5	na	
17. Develops effective interviewing and case conceptualization skills	1	2	3	4	5	na	
18. Bases decisions on a theoretical understanding of human development, functioning and behavior	1	2	3	4	5	na	
19. Utilizes assessment results for diagnostic and clinical intervention planning purpos		2	3	4	5	na	
20. Utilizes appropriate strategies for conceptualizing the interrelationships among and between work, mental wellbeing, relationships, and other life roles	1	2	3	4	5	na	
21. Demonstrates practical foundations for leading therapeutic groups	1	2	3	4	5	na	
22. Identifies techniques and interventions for prevention and treatment of a broad range of mental health issues		2	3	4	5	na	
23. Is familiar with referral resources and when/how to appropriately use them	1	2	3	4	5	na	
24. Demonstrates a personal commitment to developing professional competencies	1	2	3	4	5	na	
25. Has the ability to understand their professional role and function within the system	1	2	3	4	5	na	
26. Appropriately utilizes the support, peer and supervisory personnel	1	2	3	4	5	na	
27. Recognizes limitations as a counselor and seeks additional supervision and guidance when needed		2	3	4	5	na	
28. Completes all required paperwork (case notes, treatment plans, intakes, etc) accurately and in a timely manner consistent with the site standards	1	2	3	4	5	na	
Signature of On-Site Supervisor:				Date:			
My signature below indicates that I have read the abonecessarily indicate that I agree with the report in particular that I agree with I agree wit			liscussed t	he conte	nt with my	site supervisor. It d	oes not
Signature of Student Councelors				Data			

### COUNSELING FIELD PLACEMENT SURVEY OF INTERNSHIP--Student Evaluation of Site and Experience

Survey Date:
COUN 685
NOTE: The information on this page is to be completed by the practicum/intern student.
STUDENT:
DATE OF EVALUATION:
AGENCY/SCHOOL/BUSINESS:
PRACTICUM/INTERNSHIP INSTRUCTOR:
ON-SITE SUPERVISOR:
BRIEF DESCRIPTION OF EXPERIENCES AND ASSIGNMENTS: (e.g., individual counseling, career development activities, training, group facilitation, consultation, administration, outreach, professional development, testing/assessments, marriage/family counseling, program development, etc.)

Must be completed in full sentences.

#### Student Evaluation of On-Site Supervisor Valparaiso University

On-Site Supervisor:			Term:					_
			Strongly disagree		Somewhat agree		Strongly agree	
1.	Structures supervision appropriately	1	2	3	4	5	6	7
2.	Helps me feel at ease with the supervision process.	1	2	3	4	5	6	7
3.	Makes supervision a constructive learning process.	. 1	2	3	4	5	6	7
4.	Provides me with specific help in areas I need to work on.	1	2	3	4	5	6	7
5.	Addresses issues relevant to my current concerns as a counselor.	1	2	3	4	5	6	7
6.	Helps me focus on new alternative counseling strategies that I can use with my client.	1	2	3	4	5	6	7
7.	Helps me focus on how my counseling behavior influences the client.	1	2	3	4	5	6	7
8.	Adequately emphasizes the development of my strengths and capabilities.	1	2	3	4	5	6	7
9.	Enables me to become actively involved in the supervision process.	1	2	3	4	5	6	7
10.	Makes me feel accepted and respected as a person.	1	2	3	4	5	6	7
11.	Helps me to define and achieve specific concrete goals for myself during the practicum experience.	1	2	3	4	5	6	7
12.	Helps me develop increased skill in critiquing and gaining insight from my counseling tapes.	1	2	3	4	5	6	7
13.	Appropriately addresses interpersonal dynamics between self and counselor.	1	2	3	4	5	6	7

		Strongly disagree		Somewhat agree		Strongly agree		
	ables me to express opinions, questions, concerns about my counseling.	1	2	3	4	5	6	7
15. Mo	tivates me and encourages me.	1	2	3	4	5	6	7
thou	allenges me to accurately perceive the ughts, feelings, and goals of my client and self during counseling.	1	2	3	4	5	6	7
17. Allo	ows and encourages me to evaluate myself.	1	2	3	4	5	6	7
-	plains the criteria for evaluation clearly and behavioral terms.	1	2	3	4	5	6	7
	olies criteria fairly in evaluating my counseling formance.	g 1	2	3	4	5	6	7
	ents and articulates professional role and ction within the system	1	2	3	4	5	6	7
	miliarizes me with functions of support, peer I supervisory staff.	1	2	3	4	5	6	7
	miliarizes me with common legal and ethical ues pertinent to the setting.	1	2	3	4	5	6	7

#### STUDENT CHECKLIST FOR FIELD PLACEMENT

#### **PRIOR** to practicum and internship field experiences:

- Select sites to interview (you can consult with Dr. Suarez if you have questions)
- Once chosen, confirm your site with the CTC and your advisor
- Complete the contract based on the template in the Field Placement Handbook
- Obtain liability insurance to cover your time on practicum and internship (must be turned in EACH semester and BEFORE you can begin to accrue hours and see clients)
- Submit signed contracts and copies of liability insurance to Dr. Suarez prior to the deadlines listed in the Field Placement Handbook
- START logging in hours and MAKE COPIES of everything
- Have copies of logs signed and ready to turn in weekly
- Submit the midterm evaluation during mid-semester
- Develop and present at least one case conceptualization with audio or video tape in your group supervision class per semester
- Attend weekly group supervision classes, as well as the additional weekly triadic supervision if in practicum

#### **AT THE END** of practicum and internship:

- Be certain all of your hours are complete
- Submit all of the following to your group supervisor:
  - Completed Semester Summary Sheet
  - Completed Field Placement Summary Sheet (Advanced Internship only)
  - Final Evaluation of student from site supervisor
  - Final Evaluation of site from student
  - Final Evaluation of site supervisor from student
  - All final logs

#### **EXAMPLE OF RELEASE FOR TAPING**

Valparaiso University

Practicum/Internship Instructor:	
Site of counseling services:	
Address:	
On-Site Supervisor:	
I(client name)	hereby given permission
to(counselor name)	
to videotape a single counseling session	on
	(date of the counseling session)
to videotape counseling sessions on the f	following dates:
to videotape counseling sessions as desir	ed throughout the current semester.
to video "counselor only" session(s) on o	late(s) indicated above.
to audio tape a single counseling session	on  (date of the counseling session)
to audio tape counseling sessions on the	following dates:
to audio tape counseling sessions as desir	red throughout the current semester.
to the counselor's supervisor and the Valparais training under the supervision of the instructor	so University field training instructor and counselors in I understand that any audio or video tapes will be kept in aclusion of the internship/practicum unless further ang.
I understand that I may revoke this permission	at any time.
Signed:	Date:

### FIELD PLACEMENT SITES

- \*(Most internship sites will complete a thorough background check)
- \* The list is the most up to date information available to us; however, sites go through changes often...do not become discouraged if information has changed.

#### SITE LIST 2023

The following sites have worked regularly with our students and are familiar with our requirements. It is still your responsibility to ensure all requirements are able to be met.

Chesterton, IN	Address	Contact Information	Specialty/Population	Semester Available
Parkdale Center for	350 Indian Boundary Rd.	Dr. Terry Harman,	Substance Use Disorders	Summer, fall, spring
Professionals	Chesterton, IN 46304	drharman@parkdalecenter.		(prac only is okay)
		com		
~		(888)883-8433		
Crown Point, IN	Address	Contact Information	Specialty/Population	Semester Available
Crown Counseling	1308 North Main St. Crown	Maria Alvarado, MS,	Anxiety, depression,	Summer, fall, spring
	Point, IN 46307	LMHC, mariaa@crowncounseling.o	addiction, couples	
		rg		
		(219)663-6353		
LADOS-Division 2	2450 W 93rd Ave. Crown	Amanda Regelin Borsits,	Substance Abuse	Summer, fall, spring
	Point, IN 46307	Director LADOS Div. 2		
		borsiak@lakecountyin.org		
		(219) 755-3013 Ex. 8		
		Denise Bozich, MA,		
		LCAC, LMHC, bozicdm@lakecountyin.org		
		(219)755-3013 EXT 2		
Lake County Jail	2293 North Main St. Crown	Angela Lisak, LCSW,	Inmate, corrections	Summer, fall, spring
•	Point, IN 46307	LCAC,		(prac only is okay)
		alisak@lakecountysheriff.c		
		<u>om</u>		
Life to the Full Counseling	7037 E. 117 <sup>th</sup> Ave, Crown	Amy Cox, LMHC	Christian based; Children	Fall, spring, summer
	Point, IN 46307	219-200-2076 amycox@lifetothefullcouns	ages 4 and up, adolescents, adults, couples	(No practicum)
		eling.org	adults, couples	
New Leaf Resources	11035 S. Broadway, Ste D	Norm LeClercq, LMFT	Faith-based/Christian	Fall, spring, summer
Trew Zear Ressarces	Crown Point, IN 46307	(708) 895-7310	Individual, couples,	(No practicum)
	Other locations:	norm@newleafresources.or	families	
	Wheatfield; Lansing, IL	g		
Dyer, IN	Address	Contact Information	Specialty/Population	Semester Available
Franciscan Health	24 Joliet St. Dyer, IN	Linda Thompson	Inpatient	Summer, fall, spring
	46311	linda.thompson@franciscan alliance.org		
		(219)515-3893		
East Chicago, IN	Address	Contact Information	Specialty/Population	Semester Available
St. Catherine Hospital	4321 Fir St. East Chicago,	Marie Macke,	Inpatient	Summer, fall, spring
NeuroBehavioral Medicine	IN 46312	marie.D.macke@comhs.org		
		(219)392-7354		
		Chandra Lyles, Social Services Director		
		(219)392-7178		
Gary, IN	Address	Contact Information	Specialty/Population	Semester Available
SIBIS Counseling Center	3195 Broadway St., lower	Benjamin A Leon, PHD,	Substance abuse, outpatient	
Č	level, Gary, IN 46409	EDD, LMHC, LCAC,		
		(219)884-1655		
Hammond, IN	Address	Contact Information	Specialty/Population	Semester Available
Purdue University	2200 169th St. Hammond,	Joelynn Stephen , LMHC,	Students, career counseling	Fall, spring
Northwest-The Career	IN 46323	Joelynn.stephen@pnw.edu	,	, B
Center		(219)785-5779		

Kouts, IN	Address	Contact Information	Specialty/Population	Semester Available
Midwest Center/ South	1012 W Indiana St. Kouts,	Lindsey Janiga, LMHC	Residential, Dialectical	Summer, fall, spring
Shore (South Shore location is in Valpo)	IN 46347	Lindsey.janiga@uhsinc.co m	behavioral therapy	(prac only is okay)
location is in varpo)		(219)766-2999 EXT 200		
Lowell, IN	Address	Contact Information	Specialty/Population	Semester Available
Heartland Wellness Center	206 Lucas Pkwy. Lowell, IN 46356	Belinda Hubert, PhD (219)690-7025 drbelindahubert@ gmail.com Molly Ray, Clinical Director, molly@heartlandrecoveryc enter.com	Substance abuse, mental health	Summer, fall, spring
Merrillville, IN	Address	Contact Information	Specialty/Population	Semester Available
Child Thrive	7863 Broadway, Suite 239 Merrillville, IN 46410	Andrea Brandon, Psy.D., HSPP, ABPP DrBrandon@childthrive.net	Children and adolescents	Summer, fall, spring
Regional Mental Health Center	8555 Taft St. Merrillville, IN 46410	Angela Comsa, angela.comsa@rhs.care	Inpatient, outpatient, substance abuse, adult, adolescent, children, in- home, individual and groups	Summer, fall, spring (3 semester preference)
Michigan City, IN	Address	Contact Information	Specialty/Population	Semester Available
Swanson Center	7224 W 400 N Michigan City, IN 46340	Katie Jasnieski, kjasnieski@swansoncenter. org	Child, adult, addictions, psychiatric care	Summer, fall, spring
Mishawaka, IN	Address	Contact Information	Specialty/Population	Semester Available
Oaklawn Psychiatric Center	415 E Madison Street, South Bend IN 46617	Brenda Chupp, LCSW brenda.chupp@oaklawn.or g 574-533-1234, ext. 4640	Inpatient, psychiatric services, addictions, child/adolescent	Summer, fall, spring
Munster, IN	Address	Contact Information	Specialty/Population	Semester Available
Clarity Clinic	9250 Columbia Ave, Ste E2 Munster, IN 46321	Cristina Palas, HR Director, cpalas@claritynwi.com, (219) 595-0043	Adults, children, couples, groups, psychiatric services	Summer, fall, spring (multiple semester requirement)
Plymouth, IN	Address	Contact Information	Specialty/Population	Semester Available
Michiana Behavioral Health Center	1800 N Oak Dr. Plymouth, IN 46563	Paul Rhodea, LMFT paul.rhodea@uhsinc.com,	Holistic approach, substance abuse, anxiety, depression	Summer, fall, spring
South Bend, IN	Address	Contact Information	Specialty/Population	Semester Available
Family Psychology of South Bend	922 E Wayne St, Ste 205- 206 South Bend, IN 46617	John Peterson, PsyD, HSPP john@family- psychology.com	Adults, children, couples	Fall, spring, summer (multiple semester requirement, no practicum)
Memorial Epworth Center	420 N Niles Ave. South Bend, IN 46601	Lynn Rhoda, LCSW, LCAC (574)-647-8457	Inpatient psychiatric unit	
University of Notre Dame Counseling Center	University of Notre Dame St. Liam Hall, 3 <sup>rd</sup> Floor Notre Dame, IN 46556	Maureen Lafferty, EdD, HSPP, Assoc. Director of Training Email Office Coordinator, Rachel King: rking23@nd.edu	University students	Fall and spring (2 semester requirement)
Youth Services Bureau of St. Joseph County (Safe Station Youth Shelter)	1322 Lincolnway East South Bend, IN 46613	Jamie Reinebold, LCSW <u>Jamie.reinebold@ysbsjc.or</u> g, 574-235-9396	Youth homelessness, domestic violence, runaways	Summer, fall, spring
Valparaiso, IN	Address	Contact Information	Specialty/Population	Semester Available
Behavior Specialists of Indiana	2611 S Chicago St. Valparaiso, IN 46383	Debra Farrar-Schneider, PhD, HSPP, BCBA-D, IMH-E(IV), bsinoa@behaviorspecialists .net, Brittany Polisuk-Brush, MA, NCC, LMHC (219)462-6705	Behavior therapy, music therapy, applied behavioral therapy	Summer, fall, spring (prac only is okay)

Change Therapy Center	954 Eastport Center Dr, Suite B Valparaiso, IN 46383	Kate Vena, kate@changetherapycenter. org; Jennifer Dudrey, LCSW jdudrey@changetherapycen ter.org	Intensive Outpatient (adolescents), DBT, group therapy, individual and family therapy	Summer, fall, spring (prac only is okay)
Family Concern Counseling	2004 Valparaiso St. Valparaiso, IN 46383	Daniel Carter, LMHC, daniel.carter@familycouns el.org, (219)200-2583; (219)477- 5646 EXT 103	Faith-based counseling, Marital counseling, co- dependency, child, teenager, couple, family	
Family Focus, Inc.	660 W Morthland Dr. Valparaiso, IN 46385	Sheila Minton, HR Manager s.minton@familyfocusinc.n et, 219-462-9200 x329	Prevention programs, crisis programs, parenting classes; home-based	Summer, fall, spring
LPA Counseling	2005 Valparaiso St, Ste 309 Valparaiso, IN 46383	Hollie Mokrzycki, admin@lpacounseling.com	Individual, couples, family	Summer, fall, spring (multiple semester requirement)
Pillars of Wellness (Valparaiso, Merrillville, Hobart locations)	2801 Bertholet Blvd. Suite 301 Valparaiso, IN 46383; 521 E. 86th Ave. Suite H Merrillville, IN 46410	Marissa Abbott, HR Director, mabbott@pillarstherapy.co m, Valpo-(219)323-3311; Merr-(219)203-3184	Outpatient counseling	Summer, fall, spring
Porter County Juvenile Services Center	1660 S State Rd 2 Valparaiso, IN 46385	Mia Johnson, LMHC, Lead Therapist mia.johnson@porterco.org	Residential, group and individual	Summer, fall, spring (prac only is okay)
Porter-Starke Services	601 Wall St. Valparaiso, IN 46383	Kyle Otten, kotten@porterstarke.org, (219)531-3500	Addiction, crisis intervention, psychiatric services, counseling	Summer, fall, spring (multiple semester requirement)
VU Counseling Center	1602 LaPorte Ave. Valparaiso, IN 46383	Olivia Gorman, olivia.gorman@valpo.edu, (219)464-5002	Individuals, couple, addictions, outreach	Fall, spring