

BE ACTIVE, BE FIT, HAVE FUN

Take on some friendly on-campus competition through women's, men's, and co-ed intramural sports teams. You'll work with University staff in managing the program and you'll have an opportunity to develop your leadership skills as a member of the Intramural Advisory Council or as an Intramural Representative. Form your own team and have fun playing other on-campus teams. In a typical year, intramural competition will include the following activities: For more check out the handbook under services/information.

I got involved in intramurals as a freshman and it really helped me get to know other students in my residence hall. Intramurals are a lot of fun. You can try something you've never done before in a way that's laid back but still competitive. -*Lindsie Jung*

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