



CEPA Scope of Work



“Norway’s Approach to Criminal Justice”

Norway

March 2 - 11, 2024 (10 days)

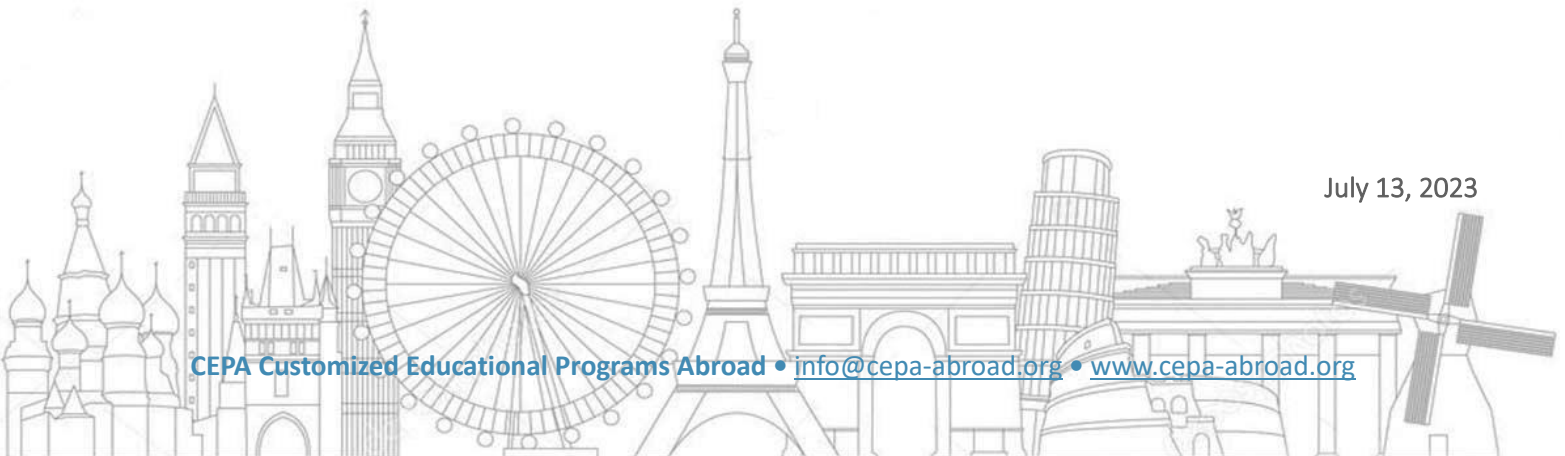


2403EValpoNorway

Customized for:

Dawn Jeglum Bartusch, Ph.D., Professor of Sociology & Criminology
Department of Sociology and Criminology
Valparaiso University, USA

July 13, 2023





Now discover what we have planned for you:

Day 1 Saturday, March 2

- Depart for Oslo, Norway



Airfare is **not** included in the program fee but can be booked separately through CEPA.

Day 2 Sunday, March 3 - - - - Oslo - - - -

- Arrive at Oslo Gardermoen Airport (OSL)
- Transportation by private bus from the airport to your hotel
(lunch break either at the airport or around the hotel; depending on arrival time in Oslo)
- 6 nights in twin rooms with private bathrooms incl. breakfast at the 3-star **Anker Hotel** in Oslo
- **Orientation session** with your local coordinator at the hotel which is followed by an orientation walking tour of the neighborhood to show you the closest supermarket, post office, ATM, bank, pharmacy etc.
- Public transportation pass for the duration of your entire stay in Oslo
- 3-hour **guided walking tour of Oslo** to see some of the city's most important places and sights, such as for example Akershus Fortress, Kristiania Torg, Karl Johan Street, the Parliament, and Vigeland Sculpture Park
(not including any admission fees to sights)
- **Welcome dinner** at a restaurant in Oslo to kick off the program
(can be planned alternatively on Day 3, depending on your preference)

Day 3 Monday, March 4 Oslo

- Breakfast at the hotel
- Public transportation during the day
- Visit to **JussBuss**, a free legal aid clinic run by students at the University of Oslo, for a presentation. JussBuss provides free legal aid in cases not included under the free legal aid given by the government within topics such as tenancy, labor, prison, debt, immigration, and social security.
- Visit to **Tyristiftelsen**, a non-profit foundation and one of Norway's largest providers of treatment of drug addiction in adults, for a presentation on their support program and possibilities for prison inmates
(alternatively, guest lecture at the Department of Criminology and Sociology of Law at the University of Oslo)





Day 4 Tuesday, March 5 Oslo

- Breakfast at the hotel
- Public transportation during the day
- Meeting with a local expert for a presentation and discussion on “**Incarceration in Norway-Philosophy and Goals**” (*administrator from Halden Prison, Bredtveit Prison, or Indre Ostfold Prison preferred; alternatively, professor from a local university or other expert associated with the topic*)
- **Group lunch** at a restaurant in Oslo
- Free afternoon for your own explorations of Oslo and to participate in a cultural activity of your choice. You could explore the Nobel Peace Center or the National Museum, spend some time at Frognerpark, or visit Oslo City Hall. Alternatively, take a stroll through the Grünerløkka neighborhood, which is known for its trendy street art, cafes, and independent shops.

Day 5 Wednesday, March 6 Oslo

- Breakfast at the hotel
- Public transportation during the day
- Guided tour of the **Red Cross Networking House**, followed by a presentation by representatives from **RøverRadion** to hear about prison radio in Norway. RøverRadion is Røverhuset's main product and Norway's only prison radio made by and for inmates. The first program was broadcast in Oslo prison in June 2014.
- Visit to the **Norwegian Police University College**, a public university with campuses in Oslo, Kongsvinger, Stavern, and Bodø. During the visit, you will learn about how they educate the police force of Norway and the corresponding programs, including a three-year basic education and four Master's degrees.

Day 6 Thursday, March 7 Lillestrøm

- Breakfast at the hotel
- Transportation by private bus during the day
- Visit to the **University College of Norwegian Correctional Service (KRUS)** for a presentation on crime and criminal penalties in Norway. KRUS offers the only primary education for prison officers in Norway through an accredited two-year program that leads to the degree “University College Graduate in Correctional Studies”.
- Visit to the probation office **Akershus Friomsorgskontor** to meet with staff members who work in community-based corrections and restorative justice programs (*located in Lillestrøm as well, 2 minutes from KRUS*)





Day 7 Friday, March 8 Oslo

- Breakfast at the hotel
- Public transportation during the day
- Guided tour of **Oslo Courthouse**, which houses the city's two first-level courts, namely Oslo District Court and Oslo County Court. It handles civil and criminal cases, and other enforcement cases such as marriages, bankruptcy, probate, and official notarization (*information on the Norwegian justice system and meeting with a judge to speak about the Breivik trial preferred*).
- Visit to the **Parliamentary Ombud** to meet with a representative who will introduce their major operation under the Prevention Mandate. The main role of the Parliamentary Ombud consists in visiting prisons where someone is, or could be, deprived of their liberty including Ombud statements concerning prison conditions under the compliant handling mandate.
- Admission to the **July 22 Center**, which documents the July 22, 2011 terror attack in Oslo and on Utøya island. Its exhibition shows how the attack has affected individuals and society at large and the events of July 22 are reconstructed through images, texts, films, and objects.

Day 8 Saturday, March 9 Oslo - Flåm - Gudvangen - Bergen

- Breakfast at the hotel
- Travel by public transportation (or walk) from your hotel to the train station in Oslo
- **Norway in a Nutshell tour** from Oslo to Bergen, including a spectacular journey on the Flåm Railway and a fjord cruise from Flåm to Gudvangen on the beautiful Aurlands- and Nærøyfjord (*arrival time in Bergen approx. 8:45 pm; luggage transport will be arranged for a maximum of 2 pieces of luggage per person*)
- Walk from the train station in Bergen to your hotel
- 2 nights in twin rooms with private bathrooms incl. breakfast at the 3-star **Thon Hotel Bristol Bergen**
- Short **orientation session** by your on-site coordinator at the hotel
- **Table reservation** e.g. at Egon Restaurant next door to your hotel
(*all participants to receive a cash allowance of NOK 500 to order à la carte and pay for their own meal*)

Day 9 Sunday, March 10 Bergen

- Breakfast at the hotel
- **Guided walking tour of Bergen** to learn more about the heart of Bergen's historical center. Among others, you will walk through the fortress, stop at the St. Mary Church, and visit the UNESCO world heritage site Bryggen. The tour will end at the fish market where you can enjoy local food and other Norwegian goods.
- Round-trip ticket for the **Fløibanen funicular**, which is one of Norway's best-known attractions and which will take you to the summit of Mount Fløyen. From the magnificent viewing platform on the top, 320 m above sea level, you can enjoy stunning views of Bergen and the surrounding fjord and mountain landscape.
- Free afternoon in Bergen to explore the city further at your own pace. In case you are interested, you could visit the Hanseatic Museum, which illustrates how the Hanseatic merchants lived, worked, and made their mark on Bergen over the course of 400 years.
- **Farewell dinner** at a restaurant in Bergen to wrap up the program





CEPA *Your trusted faculty-led partner abroad*

Day 10 Monday, March 11 Bergen

- Breakfast at the hotel
- Transportation by private bus from your hotel to the airport
- Departure from Bergen Airport (BGO) to the USA (airfare not included)





What's included?

Carbon Neutral Study Abroad



The CO₂ emissions and environmental impact created by this program, including those resulting from accommodation, transportation, meals, and other activities, are offset by CEPA through our carbon mitigation pledge and ecosystem recovery project in Costa Rica. Learn more at: cepa-foundation.org/offset

Academic and Professional Experiences



CEPA arranges for highly qualified academics and professionals to teach specialized courses or provide guest lectures. Guided visits and meetings at EU institutions, NGOs, organizations, national and multi-national corporations are carefully selected to match the focus of your course and meet your individual program goals.

- Visits, guest lectures and meetings are representative and will be subject to the companies' availability and guest speakers' schedules and might be replaced with equally valuable substitutions in case a cancellation by a company/institution or guest speaker occurs. The visits will be requested and reserved after the program is confirmed. If it is not possible to find a suitable replacement due to time and availability, or if a cancellation occurs after the program has begun, CEPA will replace the cancelled activity with a cultural visit which CEPA deems suitable for the program.

Cultural Experiences



The study abroad specialists at CEPA provide expert knowledge and personal experience to design original and authentic cultural experiences based on your needs. The itinerary may include: **entrance tickets only** (to explore the site at your own leisure), **entrance tickets and audio-guides** (to explore the site at your own pace with information through an audio-system) or **entrance tickets and a guided tour** (to explore the site with a professional guide).

- Admission/entrance tickets and group reservations are arranged for cultural visits (unless otherwise noted), including those visits where audio-guides or guided tours are described in the itinerary
- Local guides will be arranged to provide guided tours conducted in English as listed in the itinerary
- Guides at museums and sites will be arranged to provide tours exclusively for your group as listed in the itinerary (unless otherwise noted)
- Private guided tours cover sites and/or specific topics (depending on availability) as listed in the itinerary to complement your course
- Audio-guides (available in English) will be arranged at museums and sites as listed in the itinerary



On-site Coordinator



Your CEPA on-site Coordinator will be arranged individually for your group, whether it is for one day or the entire program. Their role is to chaperon and be the liaison between the faculty leader, the service providers, and CEPA. Like a tour escort, the CEPA on-site coordinator will also take care of logistical details and/or issues on-site so that faculty leaders can focus on teaching. They are not licensed tour guides.

- Arrival day orientation by on-site coordinator including health and safety information
- On-site coordinator to accompany your group during all planned visits and excursions while in Oslo and Bergen (*incl. Norway in a Nutshell tour*)

Accommodation



CEPA carefully selects accommodation based on reputation, location, surroundings, and accessibility, while keeping in mind the best price-quality ratio: single room(s) for faculty member(s), twin rooms (or triple rooms, if uneven gender breakdown) for participants, private bathrooms and free wi-fi access unless otherwise noted. Local city taxes are included in the quote. Orientation and city maps will be provided for cities with an overnight stay.

City	Nights	Category	Description	Website
Oslo	6	3-star	Anker Hotel	https://anker-hotel.no/
Bergen	2	3-star	Thon Hotel Bristol Bergen	https://www.thonhotels.com/our-hotels/norway/bergen/thon-hotel-bristol-bergen/



Provisional hotel reservations have been made for the group based on a maximum of 16 students. Further participants can be added depending on availability. Please keep CEPA informed about your anticipated group size.

Meals



To understand a culture is to taste its food, therefore meals are an important part to the experience abroad. A set menu will be chosen for the entire group. Dietary restrictions that need to be communicated prior to departure to CEPA will be considered, and an alternative offered on-site. Tap water is included with all group meals. The costs for additional beverages are the responsibility of each participant.

City	Breakfast	Lunch	Dinner	Other
Oslo	✓	1	1	—
Bergen	✓	—	1	Table reservation with cash allowance (day 8)





Ground Transportation



CEPA will arrange the most affordable, efficient, safe and convenient transportation for your group. Private coach busses have proven to be optimal vehicles for group travel. However, in certain European cities or for certain transfers, it will be more feasible and affordable to use public transportation or other modes of transportation.

- Transportation from and to the airport with a private bus will be chartered exclusively for your group. One group pick-up will be arranged on the official arrival and departure days dependent upon different flight schedules.
- Private coach bus will be chartered exclusively for your group where stated in the itinerary
- Train tickets (2nd class) will be arranged for your group where noted in the itinerary
- Public transportation passes will be arranged for your stay in Oslo (zone 1)

Classroom or Meeting Space



CEPA generally uses meeting and conference rooms for classroom lectures, instructional meetings, and student presentations. Upon request and availability, facilities can also be arranged at local universities. If requested, time for informal meetings, e.g. at lobbies, cafés or parks has been included in the itinerary.

Health and Safety



The safety and well-being of every program participant is of utmost importance at CEPA. There are many types of situations which can happen unexpectedly which require assistance or advice. Should an issue arise during a program, our on-site coordinators and staff will help provide quick support to find medical care or navigate security concerns. Our head office in Germany constantly monitors European news channels and is quick to inform our university partners and parents of health or emergency situations:

<https://www.cepa-abroad.org/faculty-led-programs/health-safety/>

- Pre-departure guidance on safety measures while abroad
- General advice on Covid-19 preparedness
- Support and advice during emergency situations
- The CEPA Crisis Management Plan is available upon request
- CEPA holds third-party liability insurance for personal damages (up to € 10 million)
- CEPA reserves the right to make additions, deletions, and changes to the program that are directly related to the well-being of the group or changes in circumstances after consulting with key decision makers at the university/college. CEPA will notify its university partner of any proposed alterations to the program before confirming.

