

Purpose Lab is your opportunity to explore who you are and who you want to become while engaging in the wide variety of events and resources Valparaiso University offers.

The following components **REQUIRE PARTICIPATION** of all Core students:

### 1-on-1 Meeting with Instructor

Present your Core Lab plan and discuss.

DUE DATE: \_\_\_\_\_

### Screening of the film, *Selma*

Viewings held on March 20th - 6PM,

March 22nd - 3PM & 7PM, and March 25th - 3PM & 7PM.

All showings take place in Neils Science Center Rm 234.

### MLK Day Convocation

Monday, January 15 at 2pm in the Chapel.

Additional events throughout the day: [valpo.edu/mlk](http://valpo.edu/mlk)

### Interview

Choose a person whose story can help you better understand your own, or offer inspiration for the future.

Students will be able to customize their "lab," **choosing a total of SIX events, with at least one from each category.**

Some of the events listed here can work in multiple categories. Discuss with your instructor which make sense for your lab.



### KNOWING YOURSELF

Opportunities to identify your skills, strengths, passions and values.

#### ASSESSMENTS

- Skills assessment with Career Center, by appointment
- Social Identity assessment with Office of Multicultural Programs, by appointment
- Spirituality assessment with Campus Ministers (online)

#### RECURRING OPPORTUNITIES

- Candlelight Services: Surely God Is In This Place  
Sundays at 10pm in the Chapel
- Celebrate Services: Belong, Believe, Become  
Wednesdays at 10pm in the Chapel



### STEPPING OUTSIDE YOURSELF

Opportunities to participate in various forms of community and experience different cultures.

#### EVENTS

- Bridge/Work 2018 Undergraduate Research Conference: Preserve and Prosper? Methods, Morality and Meaning and the Threat of Climate Change, April 21, 9am
- Telling Complicated Stories: A Conversation with NPR's Kat Chow, May 2, 2018 at 5:30pm

#### RECURRING OPPORTUNITIES

- Office of Multicultural Programs "Conversation Series"
- Morning Prayer in the Chapel, every weekday at 10am
- Spring Athletic Events (football, soccer, volleyball, cross country)
- Service Opportunities



### UNDERSTANDING PLACE & HISTORY

Opportunities to explore how identity and tradition have informed our present and can shape our future.

#### EVENTS

- Film Screening: I AM NOT YOUR NEGRO, Jan. 14 at 4pm
- Student Coffee Hour with Artist Ralph Kipniss, February 7 at 7pm, Duesenberg Recital Hall
- Overwhelming Beauty: Painting, Collage, and Sculpture by Henning Eichinger and Yvonne Kendall

#### RECURRING OPPORTUNITIES

- Attend exhibits at the Porter County Museum in Downtown Valpo
- Attend Valparaiso city public meetings (City Council, Human Relations Council or ValpoNext Community Board)
- Listen to the "Chorus of Voices: Retelling Northwest Indiana History" 5-part series, created by VU's Welcome Project. Available at [welcomeproject.valpo.edu](http://welcomeproject.valpo.edu).



### IMAGINING NEW POSSIBILITIES

Opportunities to hear stories that expand your vision for the future.

#### EVENTS

- TEDx 2018: "Why Not Today? Conversations Into Action", Jan. 19, 4-9pm
- The Logistics of Change: Providing a Legal Framework for Meaningful Action, Jan. 24, 2018 at 5:30pm
- Found in Translation: Using Language to Lead and Serve, Feb. 7, 2018 at 5:30pm
- Digital Games and Emerging Voices: Coding as Creative Practice Feb. 21 at 5:30pm
- Invest in Innovation: Funding Ideas for Lasting Impact, Apr. 25, 2018 at 5:30pm

#### RECURRING OPPORTUNITIES

- Books & Coffee, Thursdays at 4pm (through March 1)



If you'd like to attend an unlisted event for credit, advance approval by instructor is required.



For a comprehensive list of approved events in each category, visit [valpo.edu/valpocore/core-lab/](http://valpo.edu/valpocore/core-lab/).

## MY LAB DESIGN

Outline your lab here and bring this document to share with your instructor during the 1-on-1 session.

Choose a total of SIX events, with at least one from each category.

## NOTES

**1. KNOWING YOURSELF**  
Opportunities to identify your skills, strengths, passions and values.

**2. STEPPING OUTSIDE YOURSELF**  
Opportunities to participate in various forms of community and experience different cultures.

**3. UNDERSTANDING PLACE & HISTORY**  
Opportunities to explore how identity and tradition have informed our present and can shape our future.

**4. IMAGINING NEW POSSIBILITIES**  
Opportunities to hear stories that expand your vision for the future.

**5. STUDENT'S CHOICE**  
This can come from any of the four categories.

**6. STUDENT'S CHOICE**  
This can come from any of the four categories.

Prior to the event: What are you expecting?

After the event: How might these ideas help you think about your purpose? What ideas do you want to further explore?

## ABOUT THE INTERVIEW

If you are having a hard time thinking of someone to interview, or want some additional guidance on finding a person who can speak to your own questions and ideas around purpose, the Institute for Leadership and Service is a resource!

Email **Thais Carter (thais.carter@valpo.edu)** for information on how the Institute can help.



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