

Valparaiso University Health Center Valparaiso, Indiana	Practice Guidelines
Owner: VU Health Center	Guideline Origin Date: 2009
Function: Quality, Infection Control	Effective Date: 03/01/2009 Updated: 11/22/2019
Department(s): Health Center, Admissions	Reviewed/Recommended By: Health Center Director
Scope: Registered Nurse, Nurse Practitioner, Medical Assistant, Administrative Assistant	Approved By: Kelley Eshenaur FNP-C
	Approval Date: 11/22/2019

Prematriculation Health Program

Departments Affected: Admissions, Health Center

Scope of Practice: All admitted students; health center staff and providers

Statement:

It is law that young adults attending post-secondary schools in the State of Indiana be immunized against or show proof of immunity to certain vaccine preventable and communicable diseases, and if born outside of the United States, to have documentation of a TB test performed in the United States (Indiana Code 21-40-5-2).

General:

1. Welcoming health letters with requirements are mailed to students upon student admission deposit. Health forms and all required documents are available on the health center web site.
2. All admitted students are required to complete and submit the health form, proof of disease or immunity, and the tuberculosis questionnaire by **July 1st** for fall admission and by **December 1st**, for spring admission.
3. The health center will notify the student via the students Valparaiso University email account if additional information is needed.
4. **Students who fail to submit required information by the due date will be charged a \$50.00 late fee and a registration hold on their Valpo account.** This means that the student will be unable to register for classes, transcripts or a diploma until the hold is lifted.

Required documentation

1. The student and/or parent shall provide the health center with the following information:
 - a. A health care providers' certificate of immunity; or immunization records forwarded from another school or postsecondary institution; or the completed Valpo Health Center Immunization form, with dates of administration, signed by a licensed health care provider.
 - b. The certificate of immunity or immunization records must include the following:
 1. **Tetanus/Diphtheria (Td/Dtap)** – must be within the last 10 years
 2. **Measles/Mumps/Rubella (MMR)** – two doses are required at least 28 days apart after 12 months of age in all students born after 1956 without lab evidence of disease or physician diagnosed disease.
 3. **Meningococcal Quad/MenACWY (Menactra or Menveo)**– one dose on or after his/her 16th birthday
 4. **Meningococcal B/Menb-4C or Men-FHbp (Bexsero or Trumenba)**– two doses are required of the same series

Tuberculosis questionnaire - to determine if a test is needed. If your answers to the Tuberculosis Self-Screening instruct you to complete a TB test and you complete a PPD skin test or blood test. International students are required to have a negative IGRA blood test or chest x-ray. PPD skin test results are only accepted if performed within the U.S.

- a. All admitted students are to complete the tuberculosis questionnaire.
- b. Students who complete the tuberculosis questionnaire and are required to complete a TB Risk Assessment (see health form) shall provide medical documentation that:
 1. The student has a negative PPD skin test for tuberculosis in the United States; the date on which the tuberculosis test was taken; and the results of the tuberculosis test
 - OR
 2. The student has a negative IGRA blood test for tuberculosis.
 3. The student has had a negative chest x-ray within the past 12 months (copy of report required)

Timeframe for compliance

1. **Students must meet the deadline stated for compliance to prevent a hold and \$50 late fees payable to the health center.**
2. Students have until the end of the first semester to comply with requirements.

Special Circumstances

1. **Pregnancy**- MMR vaccination is contraindicated during pregnancy.
 - a. Female students who are pregnant at the time of admission, who have completed the childhood vaccination series but cannot provide documentation of the immunization, should obtain an MMR titer from their health care provider.
 - b. Female students who are pregnant and have not completed the required childhood vaccination series (i.e., cannot provide laboratory proof of immunity) should obtain a medical exemption form, signed by their health care provider, with their estimated date of confinement (EDC) on the form. It will be the student's responsibility to provide the necessary documentation after delivery.

2. **International student with documented prior positive TB test-**
 - a. International students who bring documentation of a positive TB test (Mantoux) from their home country: Required documentation in these circumstances is as follows:
 1. A chest x-ray in their home country with the report written in English and certified by a physician as free from infectious disease or tuberculosis.
 2. The student will be referred for a chest x-ray from the health center.

3. **Exemptions**
 - a. The only exemptions allowable in Indiana are for valid medical and religious reasons. See the Immunization exemption policy.

References:

- CDC (2017). Recommendations from the National Tuberculosis Controllers Association and CDC MMWR 2005; 54 (No. RR-15, 1-37) 12/2005. Controlling Tuberculosis in the United States <https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5412a1.htm>
- CDC (2019). Recommended Adult Immunization Schedule for ages 19 years or older, United States, 2019 <https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>
- Indiana Code 21-40-5-2. (2018). *ARTICLE 40. STATE EDUCATIONAL INSTITUTIONS: ADMISSION STANDARDS: Chapter 5. Immunization Requirements.*
<http://iga.in.gov/legislative/laws/2018/ic/titles/021#21-40-5>