



Dear Students & Scholars,

As April comes to a close, we hope that your studies are finishing well this semester. As always, we are open [online](#) for you, so please do let us know if you are facing any challenges or if there is anything we can do to support you/help you!

-The OIP Staff

### IMPORTANT: Update address if you've moved



If you have moved recently, even to a temporary location because of the COVID-19, **please update your address on iValpo using the "Local U.S. Address Change" e-form under the "Biographical Information" tab.**

### Valpo Pictures

The days alternate between sunny, windy, and rainy, typical spring in Valpo! Look for something special in the middle of the lower picture.



### CPT & OPT Workshops Next Week

For more information about curricular practical training (CPT) and optional practical training (OPT), tune in to these WebEx workshops put on by the OIP. They will last around 45 minutes to 1 hour.

CPT Workshop - Wednesday (4/29), 3pm CT, [click here](#) for WebEx link

OPT Workshop - Thursday (4/30), 11am CT, [click here](#) for WebEx link

### Reminders & Resources

**Indiana Stay-At-Home Order:** Governor Eric Holcomb of Indiana signed an order for everyone to stay home except for essential business (like going to the grocery store or exercising away from others). It started on March 24th & was recently extended to May 1st. There is a possibility that the order will be extended further dependent on the coronavirus situation at the time. For more information on what the stay-at-home order means, [click here](#).

**International Travel Plans e-form on iValpo:** If you are traveling internationally during the rest of the Spring 2020 semester while university classes are online, please complete the International Travel Plans e-form on iValpo (under "F-1 Student Services") so we can help you get a travel signature if you need one & so that we have an idea of where you are in the world.

**Bias Incidents:** There has been an increase in bias incidents against international people in the US recently due to coronavirus. If you have been the victim of a bias incident either on-campus, online or in the Valparaiso community, please fill out the [bias incident form](#) OR contact VUPD at 219-464-5430. A bias incident is when someone says or does something hurtful to you because of where you come from, what you look like, your religion, gender, viewpoints, race, etc. We want you to feel safe on campus & in the community, so please report if something has happened to you or even if you know of something that happened to someone else!

**Career Center:** The Career Center is still open online. Check out their calendar & other resources [here](#).

**Counseling Center:** The Counseling Center is here to support you online. They have [TAO Connect](#) self-help OR you can register for a phone consultation by calling 219-464-5002.

### Contacting Your Embassy/Consulate

**Help For Returning to Home Country:** We received some important updated information on contacting your embassy/consulate for help finding a flight to your home country during the coronavirus pandemic. If you're in need of assistance, find your country below & follow the instructions OR contact your [embassy/consulate](#) directly if your country is not on the list below:

**Albania:** email your information (name, location, contact info, university name) to the Albanian Embassy at: [embassy.washington@mfa.gov.al](mailto:embassy.washington@mfa.gov.al)

**Colombia:** contact the Embassy at: 202-885-9279; [cwashington@cancilleria.gov.co](mailto:cwashington@cancilleria.gov.co)

**Ecuador:** visit the Embassy's website: <http://www.ecuador.org/nuevosite/>

**Kosovo:** contact the Kosovo Embassy via email: [frymezim.isufaj@rks-gov.net](mailto:frymezim.isufaj@rks-gov.net)

**Pakistan:** visit the Embassy's website: <http://embassyofpakistanusa.org/>

**Peru:** complete the form at this link if they are interested in curtailing their stay and returning home: <http://www.consulado.pe/paginas/Inicio.aspx>; <https://www.embassyofperu.org/infocorona2>

**Russia:** reach out to the embassy or consulate. For the NY Consulate - The consulate has said that Russian citizens should contact at [mailny@mid.ru](mailto:mailny@mid.ru). The general consular section email contact at the Russian Embassy in DC: [russconswdc@gmail.com](mailto:russconswdc@gmail.com)

**Saudi Arabia:** you have until April 10 to apply for return to the Kingdom on the Ministry of Foreign Affairs' e-service platform (<http://www.mofa.gov.sa/es>), with priority given to Saudi citizens in countries most affected by COVID-19, the elderly, and pregnant women. All returning Saudis will be subject to a 14-day mandatory quarantine in hotels throughout the Kingdom.

**Thailand:** More information can found at: <https://thaiembdc.org/th/infoforthais/>