October 2023 Volume No. 23

# VALPO VIRAL

News and Updates from the Office of Information Technology

Cybersecurity
Awareness Month

Blackboard Replacement Search Cybersecurity Training

### **CYBERSECURITY TIPS FROM IT**

## **SPOT SCAM EMAILS**

- The Message is sent from a public email domain rather than a Valpo account.
- The domain name is misspelled. For example: micros0ft.com
- The email is poorly written. Unnatural sentence structure and poor spelling are common.
- The email includes infected attachments. Always be suspicious of attachments and links!
- Suspicious links asking you to take action to protect an account you have.
- The message indicates a sense of urgency for you to complete a task or respond to the email.

# **PROTECT YOUR DEVICES**

- Never ignore security updates. They can contain important software updates that address known vulnerabilities.
- Always lock your device when you are not using it and require security settings to log back into the device.

# PROTECT PERSONAL INFORMATION

Always challenge unexpected requests for sensitive information. If you think it could be a scam, it probably is.

# **PASSWORD PROTECTION**

- Create strong passwords by using passcodes or phrases that contain both capital and lowercase letters, special characters and numbers.
- Never use personal passcodes at work.
- Always enable 2-factor authentication on your accounts.
- Never write down or share your passwords with others.

REPORT SUSPICIOUS EMAILS TO IT!

Email us anytime at phishing@valpo.edu



### REPLACING BLACKBOARD

As a reminder, staff from IT and CITAL are working together to test and gather feedback on a new Learning Management System (LMS) to replace Blackboard.

Representatives from Blackboard Ultra and Canvas will be on campus to hold eight individual 1-hour informational sessions in November. Each session will include an overview of the system, demonstrations and plenty of time for questions and answers. You can sign up for a preferred time here at bookwhen.com/valpo

Don't miss your chance to participate in choosing the next LMS!

### CYBERSECURITY TRAINING

Earlier this month the Office of Information Technology announced mandatory cybersecurity training for all faculty and staff. This is needed in order to maintain our compliance with insurance compliance, and various legal and contractual obligations.

We've configured the program so that it's broken into 3 smaller segments that should take no more than an hour total to complete. Our training will began on Monday, October 9, 2023 and you will have until December 1, 2023 to complete the first course, How to Protect Yourself Against Phishing Attacks. The additional courses will be made available starting in the beginning of January. We hope that by dividing these courses, it will make them easier to complete in smaller blocks of time.

You will receive 3 separate emails from Training it.assist@valpo.edu via cyberriskaware.com with the below headings in the subject line that will contain the instructions and links required:

- Cybersecurity Training Email Security Due December 1, 2023
- Cybersecurity Training Social Engineering Due date TBD.
- Cybersecurity Training Authentication Due date TBD.

If you have any questions or feedback to provide, please reach out to the IT Help Desk (helpdesk@valpo.edu) and reference the CyberRisk Aware training service.

### IT TECH TALKS

For the second year, the Office of Information Technology hosted a series of presentations on how technology is being used in different ways to influence our lives. We would like to thank each of our presenters for taking the time to participate in this initiative!

- Professor Bob Wichlinski, CIS- The Big Lie and AI
- Natalie Muskin-Press, LCAC- Do I have ADHD or is it just the algorithm?
- Jessica Wilson, IT- When Technology Touches Everything, Cybersecurity for Students
- Dr. Haydar Cukurtepe, CIS, Towards the 6G Communication: Where are we now, what to expect?

We hope many others will join us next year!









