

Community Resources Available to Valparaiso University Students

	Porter County	Lake County	LaPorte County	Illinois	Michigan
Domestic Violence	<ul style="list-style-type: none"> • The Caring Place 	<ul style="list-style-type: none"> • St. Jude House 	<ul style="list-style-type: none"> • Stepping Stone 	<ul style="list-style-type: none"> • Family Rescue 	<ul style="list-style-type: none"> • DASAS
Food Insecurity	<ul style="list-style-type: none"> • Hilltop Food Pantry • Foodbank of Northwest Indiana • FoodPantries.org 	<ul style="list-style-type: none"> • Foodbank of Northwest Indiana • Lake County Food Banks, Pantries and Soup Kitchens • FoodPantries.org 	<ul style="list-style-type: none"> • Foodbank of Northwest Indiana • Feeding Indiana • FoodPantries.org 	<ul style="list-style-type: none"> • Feeding Illinois • Northern Illinois Food Bank • FoodPantries.org 	<ul style="list-style-type: none"> • FoodPantries.org • Food Bank Council of Michigan
Housing Insecurity	<ul style="list-style-type: none"> • Housing Opportunities • Porter County Aging and Community Services 	<ul style="list-style-type: none"> • Housing Assistance • Lake County Community Services 	<ul style="list-style-type: none"> • Housing Opportunities 	<ul style="list-style-type: none"> • Illinois Assistance Programs 	<ul style="list-style-type: none"> • Michigan Assistance Program
Legal Aid (civil)	<ul style="list-style-type: none"> • Indiana Legal Services • Indiana Bar Association 	<ul style="list-style-type: none"> • Indiana Legal Services • Indiana Bar Association 	<ul style="list-style-type: none"> • Indiana Legal Services • Indiana Bar Association 	<ul style="list-style-type: none"> • Illinois Legal Aid • Chicago Volunteer Legal Services • Illinois State Bar Association 	<ul style="list-style-type: none"> • Michigan Legal Help • Michigan State Bar Association
Mortgage / Rent Assistance	<ul style="list-style-type: none"> • Indiana Hardest Hit Fund 	<ul style="list-style-type: none"> • Indiana Hardest Hit Fund • Lake County Emergency Rental Assistance 	<ul style="list-style-type: none"> • Indiana Hardest Hit Fund 	<ul style="list-style-type: none"> • Illinois Assistance Programs 	<ul style="list-style-type: none"> • Michigan Assistance Program
Prescription Medicines	<ul style="list-style-type: none"> • United Way of Porter County 	<ul style="list-style-type: none"> • United Way of Lake County 	<ul style="list-style-type: none"> • United Way of LaPorte County 	<ul style="list-style-type: none"> • Illinois Rx Assistance Programs 	<ul style="list-style-type: none"> • Michigan Department of Health & Human Services
Substance Abuse	<ul style="list-style-type: none"> • Porter County Mental Health and Substance Use Resources • Treatment Resources in Indiana 	<ul style="list-style-type: none"> • Treatment Resources in Indiana • Indiana Division of Mental Health and Addiction 	<ul style="list-style-type: none"> • Treatment Resources in Indiana • Indiana Division of Mental Health and Addiction 	<ul style="list-style-type: none"> • Illinois Helpline 	<ul style="list-style-type: none"> • Michigan Department of Health & Human Services
Suicide Prevention	<ul style="list-style-type: none"> • National Suicide Prevention Lifeline • The Trevor Project • Crisis Text Line 	<ul style="list-style-type: none"> • National Suicide Prevention Lifeline • The Trevor Project • Crisis Text Line 	<ul style="list-style-type: none"> • National Suicide Prevention Lifeline • The Trevor Project • Crisis Text Line 	<ul style="list-style-type: none"> • National Suicide Prevention Lifeline • The Trevor Project • Crisis Text Line 	<ul style="list-style-type: none"> • National Suicide Prevention Lifeline • The Trevor Project • Crisis Text Line

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Support Services	<ul style="list-style-type: none"> • Mental Health America of Porter County 	<ul style="list-style-type: none"> • Lake County Resource Round Up 	<ul style="list-style-type: none"> • LaPorte County Mental Health Services 	<ul style="list-style-type: none"> • Mental Health Resources in Illinois 	<ul style="list-style-type: none"> • Mental Health Resources in Michigan
Tax Preparation	<ul style="list-style-type: none"> • VITA Free Tax Preparation 	<ul style="list-style-type: none"> • VITA Free Tax Preparation 	<ul style="list-style-type: none"> • VITA Free Tax Preparation 	<ul style="list-style-type: none"> • MyFreeTaxes Income Tax Assistance 	<ul style="list-style-type: none"> • VITA Free Tax Preparation
Utility Assistance	<ul style="list-style-type: none"> • Low Income Home Energy Assistance Program (LIHEAP) • Lifeline Telephone Assistance 	<ul style="list-style-type: none"> • Low Income Home Energy Assistance Program (LIHEAP) • Lifeline Telephone Assistance • www.lakecountyin.care 	<ul style="list-style-type: none"> • Low Income Home Energy Assistance Program (LIHEAP) • Lifeline Telephone Assistance 	<ul style="list-style-type: none"> • Illinois Assistance Programs 	<ul style="list-style-type: none"> • Michigan Assistance Program
Veteran and Military Support	<ul style="list-style-type: none"> • Veterans Crisis Line • NWI Veteran and Military Support Network 	<ul style="list-style-type: none"> • Veterans Crisis Line • NWI Veteran and Military Support Network 	<ul style="list-style-type: none"> • Veterans Crisis Line • NWI Veteran and Military Support Network 	<ul style="list-style-type: none"> • Veterans Crisis Line 	<ul style="list-style-type: none"> • Veterans Crisis Line

[Indiana 211](#): Local resources across Indiana

[Indiana Family Services Administration](#)

- Apply for SNAP, TANF, Medicaid, Hoosier Healthwise, HIP)
- [SNAP - Supplemental Nutrition Assistance Program](#)

[Local Government Resources](#)

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